

# Flag Wars



## ISLAMIC REPUBLIC OF AFGHANISTAN

د افغانستان اسلامي جمهوریت

<b>Area</b>	652 230 km <sup>2</sup>
<b>Population</b>	32 225 560
<b>Population density</b>	48.89 / km <sup>2</sup>
<b>Capital</b>	Kabul, 4 273 156
<b>GDP per capita</b>	\$1 900
<b>Life expectancy</b>	50.3 (53.2M, 51.7F)
<b>Obesity rate</b>	5.5
<b>Letters</b>	state 28, capital 5
<b>Heraldic colours</b>	6
<b>Flag colours</b>	4



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## REPUBLIC OF ALBANIA

Republika e Shqipërisë

<b>Area</b>	28 748 km <sup>2</sup>
<b>Population</b>	2 845 955
<b>Population density</b>	99.73 / km <sup>2</sup>
<b>Capital</b>	Tirana, 557 422
<b>GDP per capita</b>	\$12 500
<b>Life expectancy</b>	75.8 (81.4M, 78.5F)
<b>Obesity rate</b>	21.7
<b>Letters</b>	state 17, capital 6
<b>Heraldic colours</b>	3
<b>Flag colours</b>	2



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## PEOPLE'S DEMOCRATIC REPUBLIC OF ALGERIA

الجمهورية الجزائرية الديمقراطية الشعبية

<b>Area</b>	2 381 741 km <sup>2</sup>
<b>Population</b>	43 600 000
<b>Population density</b>	18.05 / km <sup>2</sup>
<b>Capital</b>	Algiers, 3 915 811
<b>GDP per capita</b>	\$15 100
<b>Life expectancy</b>	75.6 (78.4M, 77.0F)
<b>Obesity rate</b>	27.4
<b>Letters</b>	state 35, capital 7
<b>Heraldic colours</b>	35
<b>Flag colours</b>	3



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## PRINCIPALITY OF ANDORRA

Principat d'Andorra

<b>Area</b>	467.63 km <sup>2</sup>
<b>Population</b>	77 543
<b>Population density</b>	164.17 / km <sup>2</sup>
<b>Capital</b>	Andorra la Vella, 22 256
<b>GDP per capita</b>	\$49 900
<b>Life expectancy</b>	80.7 (85.2M, 82.9F)
<b>Obesity rate</b>	25.6
<b>Letters</b>	state 21, capital 14
<b>Heraldic colours</b>	7
<b>Flag colours</b>	9



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## REPUBLIC OF ANGOLA

República de Angola

<b>Area</b>	1 246 700 km <sup>2</sup>
<b>Population</b>	31 127 674
<b>Population density</b>	23.46 / km <sup>2</sup>
<b>Capital</b>	Luanda, 2 571 861
<b>GDP per capita</b>	\$6 800
<b>Life expectancy</b>	58.2 (62.3M, 60.2F)
<b>Obesity rate</b>	8.2
<b>Letters</b>	state 16, capital 6
<b>Heraldic colours</b>	13
<b>Flag colours</b>	3



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## ANTIGUA AND BARBUDA

Antigua and Barbuda

<b>Area</b>	440 km <sup>2</sup>
<b>Population</b>	96 286
<b>Population density</b>	235.48 / km <sup>2</sup>
<b>Capital</b>	St. John's, 22 219
<b>GDP per capita</b>	\$26 300
<b>Life expectancy</b>	74.6 (79.0M, 76.7F)
<b>Obesity rate</b>	18.9
<b>Letters</b>	state 17, capital 9
<b>Heraldic colours</b>	41
<b>Flag colours</b>	5



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## ARGENTINE REPUBLIC

República Argentina

<b>Area</b>	2 780 400 km <sup>2</sup>
<b>Population</b>	44 938 712
<b>Population density</b>	16.16 / km <sup>2</sup>
<b>Capital</b>	Buenos Aires, 2 891 082
<b>GDP per capita</b>	\$20 700
<b>Life expectancy</b>	74.2 (80.6M, 77.3F)
<b>Obesity rate</b>	28.3
<b>Letters</b>	state 17, capital 11
<b>Heraldic colours</b>	26
<b>Flag colours</b>	5



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## REPUBLIC OF ARMENIA

Հայաստանի Հանրապետություն

<b>Area</b>	29 743 km <sup>2</sup>
<b>Population</b>	2 956 900
<b>Population density</b>	99.44 / km <sup>2</sup>
<b>Capital</b>	Yerevan, 1 075 800
<b>GDP per capita</b>	\$9 100
<b>Life expectancy</b>	71.6 (78.5M, 74.9F)
<b>Obesity rate</b>	20.2
<b>Letters</b>	state 17, capital 7
<b>Heraldic colours</b>	6
<b>Flag colours</b>	3



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## COMMONWEALTH OF AUSTRALIA

Commonwealth of Australia

<b>Area</b>	7 692 024 km <sup>2</sup>
<b>Population</b>	25 643 800
<b>Population density</b>	3 / km <sup>2</sup>
<b>Capital</b>	Canberra, 426 704
<b>GDP per capita</b>	\$49 900
<b>Life expectancy</b>	79.8 (84.9M, 82.3F)
<b>Obesity rate</b>	29.0
<b>Letters</b>	state 23, capital 8
<b>Heraldic colours</b>	110
<b>Flag colours</b>	3



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Republik Österreich

## REPUBLIC OF AUSTRIA

Area	83 879 km <sup>2</sup>
Population	8 902 600
Population density	106.14 / km <sup>2</sup>
Capital	Vienna, 1 888 776
GDP per capita	\$49 200
Life expectancy	78.9 (84.4M, 81.6F)
Obesity rate	20.1
Letters	state 17, capital 6
Heraldic colours	14
Flag colours	2



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Azərbaycan Respublikası

## REPUBLIC OF AZERBAIJAN

Area	86 600 km <sup>2</sup>
Population	10 127 874
Population density	116.25 / km <sup>2</sup>
Capital	Baku, 2 293 700
GDP per capita	\$17 400
Life expectancy	69.7 (76.1M, 72.8F)
Obesity rate	19.9
Letters	state 20, capital 4
Heraldic colours	11
Flag colours	4



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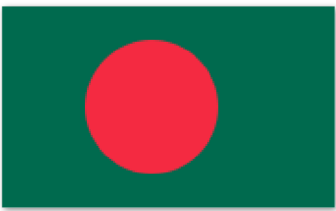
مملكة البحرين

## KINGDOM OF BAHRAIN

Area	780 km <sup>2</sup>
Population	1 569 446
Population density	1 982.91 / km <sup>2</sup>
Capital	Manama, 157 474
GDP per capita	\$51 800
Life expectancy	76.8 (81.3M, 79.0F)
Obesity rate	29.8
Letters	state 16, capital 6
Heraldic colours	14
Flag colours	2



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গণপ্রজাতন্ত্রী বাংলাদেশ

## PEOPLE'S REPUBLIC OF BANGLADESH

Area	148 460 km <sup>2</sup>
Population	161 376 708
Population density	1 174 / km <sup>2</sup>
Capital	Dhaka, 8 906 039
GDP per capita	\$4 200
Life expectancy	71.3 (75.6M, 73.4F)
Obesity rate	3.6
Letters	state 28, capital 5
Heraldic colours	5
Flag colours	2



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Barbados

## BARBADOS

Area	439 km <sup>2</sup>
Population	287 025
Population density	667.5 / km <sup>2</sup>
Capital	Bridgetown, 110 000
GDP per capita	\$17 500
Life expectancy	73.2 (77.9M, 75.5F)
Obesity rate	23.1
Letters	state 8, capital 10
Heraldic colours	43
Flag colours	3



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Рэспубліка Беларусь

## REPUBLIC OF BELARUS

Area	207 595 km <sup>2</sup>
Population	9 408 400
Population density	45.59 / km <sup>2</sup>
Capital	Minsk, 2 020 600
GDP per capita	\$18 600
Life expectancy	67.5 (78.8M, 73.0F)
Obesity rate	24.5
Letters	state 17, capital 5
Heraldic colours	57
Flag colours	2



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Koninkrijk België

## KINGDOM OF BELGIUM

Area	30 689 km <sup>2</sup>
Population	11 492 641
Population density	375.52 / km <sup>2</sup>
Capital	Brussels, 179 277
GDP per capita	\$46 300
Life expectancy	78.5 (83.8M, 81.1F)
Obesity rate	22.1
Letters	state 16, capital 8
Heraldic colours	170
Flag colours	3



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Belize

## BELIZE

Area	22 966 km <sup>2</sup>
Population	408 487
Population density	17.79 / km <sup>2</sup>
Capital	Belmopan, 16 451
GDP per capita	\$8 300
Life expectancy	67.3 (70.6M, 68.9F)
Obesity rate	24.1
Letters	state 6, capital 8
Heraldic colours	25
Flag colours	25



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République du Bénin

## REPUBLIC OF BENIN

Area	114 763 km <sup>2</sup>
Population	11 733 059
Population density	104.18 / km <sup>2</sup>
Capital	Porto-Novo, 264 320
GDP per capita	\$2 200
Life expectancy	60.9 (63.8M, 62.3F)
Obesity rate	9.6
Letters	state 15, capital 10
Heraldic colours	34
Flag colours	3



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## KINGDOM OF BHUTAN

<b>Area</b>	38 394 km <sup>2</sup>
<b>Population</b>	754 388
<b>Population density</b>	21.6 / km <sup>2</sup>
<b>Capital</b>	Thimphu, 114 551
<b>GDP per capita</b>	\$8 700
<b>Life expectancy</b>	69.6 (71.7M, 70.6F)
<b>Obesity rate</b>	6.4
<b>Letters</b>	state 15, capital 7
<b>Heraldic colours</b>	27
<b>Flag colours</b>	4



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## PLURINATIONAL STATE OF BOLIVIA

<b>Area</b>	1 098 581 km <sup>2</sup>
<b>Population</b>	11 428 245
<b>Population density</b>	10.29 / km <sup>2</sup>
<b>Capital</b>	Sucre, 300 000
<b>GDP per capita</b>	\$7 500
<b>Life expectancy</b>	66.7 (72.4M, 69.5F)
<b>Obesity rate</b>	20.2
<b>Letters</b>	state 27, capital 5
<b>Heraldic colours</b>	24
<b>Flag colours</b>	24



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## BOSNIA AND HERZEGOVINA

<b>Area</b>	51 129 km <sup>2</sup>
<b>Population</b>	3 301 000
<b>Population density</b>	68.57 / km <sup>2</sup>
<b>Capital</b>	Sarajevo, 275 524
<b>GDP per capita</b>	\$11 400
<b>Life expectancy</b>	73.9 (80.2M, 76.9F)
<b>Obesity rate</b>	17.9
<b>Letters</b>	state 20, capital 8
<b>Heraldic colours</b>	3
<b>Flag colours</b>	3



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## REPUBLIC OF BOTSWANA

<b>Area</b>	581 730 km <sup>2</sup>
<b>Population</b>	2 254 068
<b>Population density</b>	3.96 / km <sup>2</sup>
<b>Capital</b>	Gaborone, 231 626
<b>GDP per capita</b>	\$18 100
<b>Life expectancy</b>	61.2 (65.5M, 63.3F)
<b>Obesity rate</b>	18.9
<b>Letters</b>	state 18, capital 8
<b>Heraldic colours</b>	32
<b>Flag colours</b>	3



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## FEDERATIVE REPUBLIC OF BRAZIL

<b>Area</b>	8 515 767 km <sup>2</sup>
<b>Population</b>	210 147 125
<b>Population density</b>	25 / km <sup>2</sup>
<b>Capital</b>	Brasília, 3 039 444
<b>GDP per capita</b>	\$15 500
<b>Life expectancy</b>	70.5 (77.7M, 74.0F)
<b>Obesity rate</b>	22.1
<b>Letters</b>	state 26, capital 8
<b>Heraldic colours</b>	9
<b>Flag colours</b>	4



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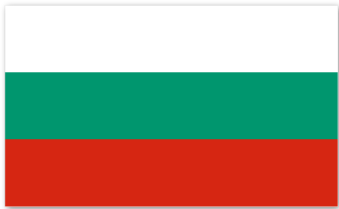


## NATION OF BRUNEI, THE ABODE OF PEACE

<b>Area</b>	5 765 km <sup>2</sup>
<b>Population</b>	459 500
<b>Population density</b>	73.08 / km <sup>2</sup>
<b>Capital</b>	Bandar Seri Begawan, 100 700
<b>GDP per capita</b>	\$76 700
<b>Life expectancy</b>	75.0 (79.8M, 77.3F)
<b>Obesity rate</b>	14.1
<b>Letters</b>	state 30, capital 17
<b>Heraldic colours</b>	2
<b>Flag colours</b>	4



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## REPUBLIC OF BULGARIA

<b>Area</b>	110 993.6 km <sup>2</sup>
<b>Population</b>	6 951 482
<b>Population density</b>	62.62 / km <sup>2</sup>
<b>Capital</b>	Sofia, 1 242 568
<b>GDP per capita</b>	\$21 600
<b>Life expectancy</b>	71.4 (78.2M, 74.7F)
<b>Obesity rate</b>	25.0
<b>Letters</b>	state 18, capital 5
<b>Heraldic colours</b>	9
<b>Flag colours</b>	3



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## BURKINA FASO

<b>Area</b>	274 200 km <sup>2</sup>
<b>Population</b>	21 510 181
<b>Population density</b>	74.77 / km <sup>2</sup>
<b>Capital</b>	Ouagadougou, 2 200 000
<b>GDP per capita</b>	\$1 900
<b>Life expectancy</b>	53.8 (58.0M, 55.9F)
<b>Obesity rate</b>	5.6
<b>Letters</b>	state 11, capital 11
<b>Heraldic colours</b>	32
<b>Flag colours</b>	3



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## REPUBLIC OF BURUNDI

<b>Area</b>	27 834 km <sup>2</sup>
<b>Population</b>	11 865 821
<b>Population density</b>	403.21 / km <sup>2</sup>
<b>Capital</b>	Gitega, 135 467
<b>GDP per capita</b>	\$800
<b>Life expectancy</b>	59.2 (62.7M, 60.9F)
<b>Obesity rate</b>	5.4
<b>Letters</b>	state 17, capital 6
<b>Heraldic colours</b>	4
<b>Flag colours</b>	3



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## KINGDOM OF CAMBODIA

<b>Area</b>	181 035 km <sup>2</sup>
<b>Population</b>	15 288 489
<b>Population density</b>	89.98 / km <sup>2</sup>
<b>Capital</b>	Phnom Penh, 2 129 371
<b>GDP per capita</b>	\$4 000
<b>Life expectancy</b>	62.4 (67.5M, 64.9F)
<b>Obesity rate</b>	3.9
<b>Letters</b>	state 17, capital 9
<b>Heraldic colours</b>	31
<b>Flag colours</b>	4



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រដ្ឋនៃ កម្ពុជា



## REPUBLIC OF CAMEROON

<b>Area</b>	475 442 km <sup>2</sup>
<b>Population</b>	26 545 864
<b>Population density</b>	52.24 / km <sup>2</sup>
<b>Capital</b>	Yaoundé, 2 765 600
<b>GDP per capita</b>	\$3 400
<b>Life expectancy</b>	57.6 (59.9M, 59.0F)
<b>Obesity rate</b>	11.4
<b>Letters</b>	state 18, capital 7
<b>Heraldic colours</b>	19
<b>Flag colours</b>	3



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République du Cameroun



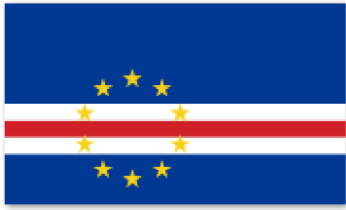
## CANADA

<b>Area</b>	9 984 670 km <sup>2</sup>
<b>Population</b>	37 971 020
<b>Population density</b>	4 / km <sup>2</sup>
<b>Capital</b>	Ottawa, 934 243
<b>GDP per capita</b>	\$48 100
<b>Life expectancy</b>	79.3 (84.7M, 81.9F)
<b>Obesity rate</b>	29.4
<b>Letters</b>	state 6, capital 6
<b>Heraldic colours</b>	11
<b>Flag colours</b>	2



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Canada



## REPUBLIC OF CABO VERDE

<b>Area</b>	4 033 km <sup>2</sup>
<b>Population</b>	543 767
<b>Population density</b>	136.49 / km <sup>2</sup>
<b>Capital</b>	Praia, 159 050
<b>GDP per capita</b>	\$6 900
<b>Life expectancy</b>	70.1 (74.8M, 72.4F)
<b>Obesity rate</b>	-
<b>Letters</b>	state 19, capital 5
<b>Heraldic colours</b>	6
<b>Flag colours</b>	4



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República de Cabo Verde



## CENTRAL AFRICAN REPUBLIC

<b>Area</b>	622 984 km <sup>2</sup>
<b>Population</b>	4 666 368
<b>Population density</b>	7.61 / km <sup>2</sup>
<b>Capital</b>	Bangui, 734 350
<b>GDP per capita</b>	\$700
<b>Life expectancy</b>	51.4 (54.2M, 52.8F)
<b>Obesity rate</b>	7.5
<b>Letters</b>	state 22, capital 6
<b>Heraldic colours</b>	38
<b>Flag colours</b>	5



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République centrafricaine



## REPUBLIC OF CHAD

<b>Area</b>	1 284 000 km <sup>2</sup>
<b>Population</b>	13 670 084
<b>Population density</b>	11.96 / km <sup>2</sup>
<b>Capital</b>	N'Djamena, 951 418
<b>GDP per capita</b>	\$2 400
<b>Life expectancy</b>	49.4 (51.9M, 50.6F)
<b>Obesity rate</b>	6.1
<b>Letters</b>	state 14, capital 9
<b>Heraldic colours</b>	19
<b>Flag colours</b>	3



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جمهورية تشاد



## REPUBLIC OF CHILE

<b>Area</b>	756 096.3 km <sup>2</sup>
<b>Population</b>	17 574 003
<b>Population density</b>	22.98 / km <sup>2</sup>
<b>Capital</b>	Santiago, 5 220 161
<b>GDP per capita</b>	\$24 600
<b>Life expectancy</b>	75.9 (82.1M, 78.9F)
<b>Obesity rate</b>	28.0
<b>Letters</b>	state 15, capital 8
<b>Heraldic colours</b>	121
<b>Flag colours</b>	4



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República de Chile



## PEOPLE'S REPUBLIC OF CHINA

<b>Area</b>	9 596 961 km <sup>2</sup>
<b>Population</b>	1 400 050 000
<b>Population density</b>	146 / km <sup>2</sup>
<b>Capital</b>	Beijing, 21 542 000
<b>GDP per capita</b>	\$16 600
<b>Life expectancy</b>	74.6 (79.0M, 76.7F)
<b>Obesity rate</b>	6.2
<b>Letters</b>	state 23, capital 7
<b>Heraldic colours</b>	24
<b>Flag colours</b>	2



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中华人民共和国



## REPUBLIC OF COLOMBIA

<b>Area</b>	1 141 748 km <sup>2</sup>
<b>Population</b>	50 372 424
<b>Population density</b>	41 / km <sup>2</sup>
<b>Capital</b>	Bogotá, 7 412 566
<b>GDP per capita</b>	\$14 500
<b>Life expectancy</b>	72.8 (79.3M, 75.9F)
<b>Obesity rate</b>	22.3
<b>Letters</b>	state 18, capital 6
<b>Heraldic colours</b>	52
<b>Flag colours</b>	3



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República de Colombia



Udzima wa Komori

### UNION OF THE COMOROS

<b>Area</b>	1 861 km <sup>2</sup>
<b>Population</b>	850 688
<b>Population density</b>	469.49 / km <sup>2</sup>
<b>Capital</b>	Moroni, 54 000
<b>GDP per capita</b>	\$1 600
<b>Life expectancy</b>	62.3 (67.0M, 64.6F)
<b>Obesity rate</b>	7.8
<b>Letters</b>	state 17, capital 6
<b>Heraldic colours</b>	5
<b>Flag colours</b>	5



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Kūiki 'Āirani

### COOK ISLANDS

<b>Area</b>	236.7 km <sup>2</sup>
<b>Population</b>	17 459
<b>Population density</b>	64.35 / km <sup>2</sup>
<b>Capital</b>	Avarua, 13 373
<b>GDP per capita</b>	\$12 300
<b>Life expectancy</b>	73.2 (79.0M, 76.0F)
<b>Obesity rate</b>	55.9
<b>Letters</b>	state 11, capital 6
<b>Heraldic colours</b>	10
<b>Flag colours</b>	3



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República de Costa Rica

### REPUBLIC OF COSTA RICA

<b>Area</b>	51 100 km <sup>2</sup>
<b>Population</b>	4 999 441
<b>Population density</b>	98.98 / km <sup>2</sup>
<b>Capital</b>	San José, 342 188
<b>GDP per capita</b>	\$17 200
<b>Life expectancy</b>	76.1 (81.5M, 78.7F)
<b>Obesity rate</b>	25.7
<b>Letters</b>	state 19, capital 7
<b>Heraldic colours</b>	19
<b>Flag colours</b>	19



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Republika Hrvatska

### REPUBLIC OF CROATIA

<b>Area</b>	56 594 km <sup>2</sup>
<b>Population</b>	4 058 165
<b>Population density</b>	72.3 / km <sup>2</sup>
<b>Capital</b>	Zagreb, 790 017
<b>GDP per capita</b>	\$24 100
<b>Life expectancy</b>	72.9 (79.4M, 76.1F)
<b>Obesity rate</b>	24.4
<b>Letters</b>	state 17, capital 6
<b>Heraldic colours</b>	6
<b>Flag colours</b>	6



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República de Cuba

### REPUBLIC OF CUBA

<b>Area</b>	109 884 km <sup>2</sup>
<b>Population</b>	11 193 470
<b>Population density</b>	101.87 / km <sup>2</sup>
<b>Capital</b>	Havana, 2 131 480
<b>GDP per capita</b>	\$11 900
<b>Life expectancy</b>	76.5 (81.3M, 78.8F)
<b>Obesity rate</b>	24.6
<b>Letters</b>	state 14, capital 6
<b>Heraldic colours</b>	63
<b>Flag colours</b>	3



41



Pais Kòrsou

### CURAÇAO

<b>Area</b>	444 km <sup>2</sup>
<b>Population</b>	158 665
<b>Population density</b>	357.35 / km <sup>2</sup>
<b>Capital</b>	Willemstad, 150 000
<b>GDP per capita</b>	\$15 000
<b>Life expectancy</b>	76.2 (80.9M, 78.5F)
<b>Obesity rate</b>	-
<b>Letters</b>	state 7, capital 10
<b>Heraldic colours</b>	54
<b>Flag colours</b>	3



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Κυπριακή Δημοκρατία

### REPUBLIC OF CYPRUS

<b>Area</b>	9 251 km <sup>2</sup>
<b>Population</b>	1 189 265
<b>Population density</b>	148.56 / km <sup>2</sup>
<b>Capital</b>	Nicosia,
<b>GDP per capita</b>	\$36 600
<b>Life expectancy</b>	76.0 (81.8M, 78.8F)
<b>Obesity rate</b>	21.8
<b>Letters</b>	state 16, capital 7
<b>Heraldic colours</b>	3
<b>Flag colours</b>	3



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Česká republika

### CZECH REPUBLIC

<b>Area</b>	78 866 km <sup>2</sup>
<b>Population</b>	10 693 939
<b>Population density</b>	135.43 / km <sup>2</sup>
<b>Capital</b>	Prague, 1 324 277
<b>GDP per capita</b>	\$35 200
<b>Life expectancy</b>	75.8 (81.9M, 78.8F)
<b>Obesity rate</b>	-
<b>Letters</b>	state 13, capital 6
<b>Heraldic colours</b>	6
<b>Flag colours</b>	3



44



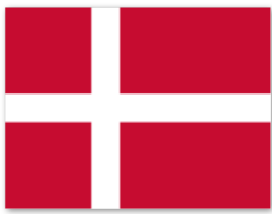
République démocratique du Congo

### DEMOCRATIC REPUBLIC OF THE CONGO

<b>Area</b>	2 345 409 km <sup>2</sup>
<b>Population</b>	101 780 263
<b>Population density</b>	37.01 / km <sup>2</sup>
<b>Capital</b>	Kinshasa, 12 691 000
<b>GDP per capita</b>	\$800
<b>Life expectancy</b>	56.1 (59.3M, 57.7F)
<b>Obesity rate</b>	6.7
<b>Letters</b>	state 28, capital 8
<b>Heraldic colours</b>	36
<b>Flag colours</b>	3



45



Kongeriget Danmark

### KINGDOM OF DENMARK

<b>Area</b>	42 933 km <sup>2</sup>
<b>Population</b>	5 824 857
<b>Population density</b>	134.91 / km <sup>2</sup>
<b>Capital</b>	Copenhagen, 794 128
<b>GDP per capita</b>	\$49 600
<b>Life expectancy</b>	77.1 (82.1M, 79.5F)
<b>Obesity rate</b>	19.7
<b>Letters</b>	state 16, capital 10
<b>Heraldic colours</b>	67
<b>Flag colours</b>	2



46



Republique de Djibouti

### REPUBLIC OF DJIBOUTI

<b>Area</b>	23 200 km <sup>2</sup>
<b>Population</b>	921 804
<b>Population density</b>	46.89 / km <sup>2</sup>
<b>Capital</b>	Djibouti, 562 000
<b>GDP per capita</b>	\$3 600
<b>Life expectancy</b>	61.0 (66.2M, 63.6F)
<b>Obesity rate</b>	13.5
<b>Letters</b>	state 18, capital 8
<b>Heraldic colours</b>	11
<b>Flag colours</b>	4



47



Commonwealth of Dominica

### COMMONWEALTH OF DOMINICA

<b>Area</b>	750 km <sup>2</sup>
<b>Population</b>	71 625
<b>Population density</b>	97.17 / km <sup>2</sup>
<b>Capital</b>	Roseau, 14 725
<b>GDP per capita</b>	\$12 000
<b>Life expectancy</b>	74.2 (80.3M, 77.2F)
<b>Obesity rate</b>	27.9
<b>Letters</b>	state 22, capital 6
<b>Heraldic colours</b>	8
<b>Flag colours</b>	7



48



República Dominicana

### DOMINICAN REPUBLIC

<b>Area</b>	48 671 km <sup>2</sup>
<b>Population</b>	10 735 896
<b>Population density</b>	216.36 / km <sup>2</sup>
<b>Capital</b>	Santo Domingo, 965 040
<b>GDP per capita</b>	\$17 000
<b>Life expectancy</b>	76.0 (80.6M, 78.3F)
<b>Obesity rate</b>	27.6
<b>Letters</b>	state 17, capital 12
<b>Heraldic colours</b>	15
<b>Flag colours</b>	14



49



República Demokrátika Timór-Leste

### DEMOCRATIC REPUBLIC OF TIMOR-LESTE

<b>Area</b>	15 007 km <sup>2</sup>
<b>Population</b>	1 183 643
<b>Population density</b>	78 / km <sup>2</sup>
<b>Capital</b>	Dili, 222 323
<b>GDP per capita</b>	\$5 000
<b>Life expectancy</b>	66.8 (70.1M, 68.4F)
<b>Obesity rate</b>	-
<b>Letters</b>	state 31, capital 4
<b>Heraldic colours</b>	7
<b>Flag colours</b>	3



50



República del Ecuador

### REPUBLIC OF ECUADOR

<b>Area</b>	283 561 km <sup>2</sup>
<b>Population</b>	17 084 358
<b>Population density</b>	63 / km <sup>2</sup>
<b>Capital</b>	Quito, 2 011 388
<b>GDP per capita</b>	\$11 200
<b>Life expectancy</b>	74.0 (80.1M, 77.0F)
<b>Obesity rate</b>	19.9
<b>Letters</b>	state 17, capital 5
<b>Heraldic colours</b>	76
<b>Flag colours</b>	73



51



جمهورية مصر العربية

### ARAB REPUBLIC OF EGYPT

<b>Area</b>	1 010 408 km <sup>2</sup>
<b>Population</b>	100 075 480
<b>Population density</b>	100 / km <sup>2</sup>
<b>Capital</b>	Cairo, 9 500 000
<b>GDP per capita</b>	\$13 000
<b>Life expectancy</b>	71.6 (74.4M, 73.0F)
<b>Obesity rate</b>	32.0
<b>Letters</b>	state 19, capital 5
<b>Heraldic colours</b>	4
<b>Flag colours</b>	4



52



República de El Salvador

### REPUBLIC OF EL SALVADOR

<b>Area</b>	21 041 km <sup>2</sup>
<b>Population</b>	6 420 746
<b>Population density</b>	318.67 / km <sup>2</sup>
<b>Capital</b>	San Salvador, 2 406 709
<b>GDP per capita</b>	\$8 900
<b>Life expectancy</b>	71.6 (78.3M, 74.9F)
<b>Obesity rate</b>	24.6
<b>Letters</b>	state 20, capital 11
<b>Heraldic colours</b>	164
<b>Flag colours</b>	165



53



República de Guinea Ecuatorial

### REPUBLIC OF EQUATORIAL GUINEA

<b>Area</b>	28 050 km <sup>2</sup>
<b>Population</b>	1 308 975
<b>Population density</b>	48.42 / km <sup>2</sup>
<b>Capital</b>	Malabo, 297 000
<b>GDP per capita</b>	\$34 900
<b>Life expectancy</b>	63.4 (65.8M, 64.6F)
<b>Obesity rate</b>	8.0
<b>Letters</b>	state 26, capital 6
<b>Heraldic colours</b>	6
<b>Flag colours</b>	9



54



State of Eritrea

### STATE OF ERITREA

Area	117 600 km <sup>2</sup>
Population	6 081 196
Population density	28.88 / km <sup>2</sup>
Capital	Asmara, 963 000
GDP per capita	\$1 400
Life expectancy	62.7 (67.8M, 65.2F)
Obesity rate	5.0
Letters	state 14, capital 6
Heraldic colours	8
Flag colours	4



55



Eesti Vabariik

### REPUBLIC OF ESTONIA

Area	45 227 km <sup>2</sup>
Population	1 328 976
Population density	29.22 / km <sup>2</sup>
Capital	Tallinn, 437 619
GDP per capita	\$31 500
Life expectancy	72.1 (81.9M, 76.9F)
Obesity rate	21.2
Letters	state 17, capital 7
Heraldic colours	4
Flag colours	3



56



Umbuso weSwatini

### KINGDOM OF ESWATINI

Area	17 364 km <sup>2</sup>
Population	1 136 281
Population density	68.2 / km <sup>2</sup>
Capital	Mbabane, 94 874
GDP per capita	\$9 900
Life expectancy	52.7 (51.5M, 52.1F)
Obesity rate	-
Letters	state 17, capital 7
Heraldic colours	31
Flag colours	7



57



Name in national languages

### FEDERAL DEMOCRATIC REPUBLIC OF ETHIOPIA

Area	1 104 300 km <sup>2</sup>
Population	109 224 414
Population density	101.1 / km <sup>2</sup>
Capital	Addis Ababa, 3 384 569
GDP per capita	\$2 100
Life expectancy	60.1 (64.7M, 62.6F)
Obesity rate	4.5
Letters	state 35, capital 10
Heraldic colours	2
Flag colours	4



58



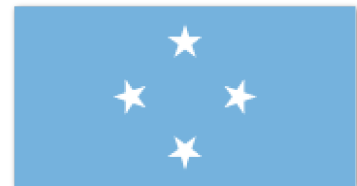
Faroe Islands

### FAROE ISLANDS

Area	1 399 km <sup>2</sup>
Population	52 110
Population density	34.48 / km <sup>2</sup>
Capital	Tórshavn, 19 165
GDP per capita	\$40 000
Life expectancy	78.0 (83.2M, 80.5F)
Obesity rate	-
Letters	state 12, capital 8
Heraldic colours	9
Flag colours	3



59



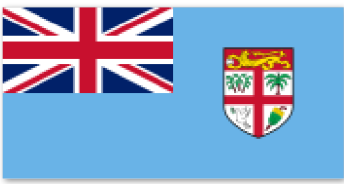
Federated States of Micronesia

### FEDERATED STATES OF MICRONESIA

Area	702 km <sup>2</sup>
Population	104 468
Population density	150.64 / km <sup>2</sup>
Capital	Palikir, 6 647
GDP per capita	\$3 400
Life expectancy	71.1 (75.3M, 73.1F)
Obesity rate	45.8
Letters	state 27, capital 7
Heraldic colours	8
Flag colours	2



60



Matanitu Tugalala o Viti

### REPUBLIC OF FIJI

Area	18 274 km <sup>2</sup>
Population	926 276
Population density	48.27 / km <sup>2</sup>
Capital	Suva, 93 970
GDP per capita	\$9 900
Life expectancy	70.3 (75.8M, 73.0F)
Obesity rate	30.2
Letters	state 14, capital 4
Heraldic colours	14
Flag colours	9



61



Suomen tasavalta

### REPUBLIC OF FINLAND

Area	338 424 km <sup>2</sup>
Population	5 528 737
Population density	16.33 / km <sup>2</sup>
Capital	Helsinki, 650 058
GDP per capita	\$44 000
Life expectancy	78.0 (84.1M, 81.0F)
Obesity rate	22.2
Letters	state 17, capital 8
Heraldic colours	4
Flag colours	2



62



République française

### FRENCH REPUBLIC

Area	640 679 km <sup>2</sup>
Population	67 081 000
Population density	123.28 / km <sup>2</sup>
Capital	Paris, 2 148 271
GDP per capita	\$43 600
Life expectancy	78.8 (85.2M, 81.9F)
Obesity rate	21.6
Letters	state 14, capital 5
Heraldic colours	35
Flag colours	3



63



French Polynesia

## FRENCH POLYNESIA

<b>Area</b>	4 167 km <sup>2</sup>
<b>Population</b>	275 918
<b>Population density</b>	79.69 / km <sup>2</sup>
<b>Capital</b>	Papeete, 26 926
<b>GDP per capita</b>	\$17 000
<b>Life expectancy</b>	75.1 (79.8M, 77.4F)
<b>Obesity rate</b>	-
<b>Letters</b>	state 15, capital 7
<b>Heraldic colours</b>	5
<b>Flag colours</b>	5



64



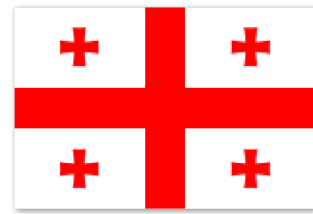
République gabonaise

## GABONESE REPUBLIC

<b>Area</b>	267 667 km <sup>2</sup>
<b>Population</b>	2 119 275
<b>Population density</b>	7.72 / km <sup>2</sup>
<b>Capital</b>	Libreville, 703 904
<b>GDP per capita</b>	\$19 300
<b>Life expectancy</b>	51.7 (52.5M, 52.1F)
<b>Obesity rate</b>	15.0
<b>Letters</b>	state 16, capital 10
<b>Heraldic colours</b>	32
<b>Flag colours</b>	3



65



საქართველო

## GEORGIA

<b>Area</b>	69 700 km <sup>2</sup>
<b>Population</b>	3 716 858
<b>Population density</b>	53.51 / km <sup>2</sup>
<b>Capital</b>	Tbilisi, 1 171 100
<b>GDP per capita</b>	\$10 600
<b>Life expectancy</b>	72.3 (80.7M, 76.4F)
<b>Obesity rate</b>	21.7
<b>Letters</b>	state 7, capital 7
<b>Heraldic colours</b>	8
<b>Flag colours</b>	2



66



Bundesrepublik Deutschland

## FEDERAL REPUBLIC OF GERMANY

<b>Area</b>	357 022 km <sup>2</sup>
<b>Population</b>	83 166 711
<b>Population density</b>	232.8 / km <sup>2</sup>
<b>Capital</b>	Berlin, 3 769 495
<b>GDP per capita</b>	\$50 200
<b>Life expectancy</b>	78.5 (83.3M, 80.8F)
<b>Obesity rate</b>	22.3
<b>Letters</b>	state 24, capital 6
<b>Heraldic colours</b>	4
<b>Flag colours</b>	3



67



Republic of Ghana

## REPUBLIC OF GHANA

<b>Area</b>	239 567 km <sup>2</sup>
<b>Population</b>	31 072 940
<b>Population density</b>	126.95 / km <sup>2</sup>
<b>Capital</b>	Accra, 1 665 086
<b>GDP per capita</b>	\$4 600
<b>Life expectancy</b>	64.5 (69.6M, 67.0F)
<b>Obesity rate</b>	10.9
<b>Letters</b>	state 15, capital 5
<b>Heraldic colours</b>	9
<b>Flag colours</b>	4



68



Ελληνική Δημοκρατία

## HELLENIC REPUBLIC

<b>Area</b>	131 957 km <sup>2</sup>
<b>Population</b>	10 724 599
<b>Population density</b>	81.27 / km <sup>2</sup>
<b>Capital</b>	Athens, 664 046
<b>GDP per capita</b>	\$27 800
<b>Life expectancy</b>	78.0 (83.4M, 80.7F)
<b>Obesity rate</b>	24.9
<b>Letters</b>	state 16, capital 6
<b>Heraldic colours</b>	3
<b>Flag colours</b>	2



69



Grenada

## GRENADA

<b>Area</b>	348.5 km <sup>2</sup>
<b>Population</b>	111 454
<b>Population density</b>	316.35 / km <sup>2</sup>
<b>Capital</b>	St. George's, 33 734
<b>GDP per capita</b>	\$14 700
<b>Life expectancy</b>	71.9 (77.4M, 74.5F)
<b>Obesity rate</b>	21.3
<b>Letters</b>	state 7, capital 11
<b>Heraldic colours</b>	14
<b>Flag colours</b>	3



70



Guam

## GUAM

<b>Area</b>	540 km <sup>2</sup>
<b>Population</b>	168 485
<b>Population density</b>	323.84 / km <sup>2</sup>
<b>Capital</b>	Hagåtña, 1 051
<b>GDP per capita</b>	\$30 500
<b>Life expectancy</b>	73.6 (78.6M, 76.0F)
<b>Obesity rate</b>	-
<b>Letters</b>	state 4, capital 7
<b>Heraldic colours</b>	10
<b>Flag colours</b>	11



71



República de Guatemala

## REPUBLIC OF GUATEMALA

<b>Area</b>	108 889 km <sup>2</sup>
<b>Population</b>	17 263 239
<b>Population density</b>	162.36 / km <sup>2</sup>
<b>Capital</b>	Guatemala City, 923 392
<b>GDP per capita</b>	\$8 200
<b>Life expectancy</b>	70.6 (74.7M, 72.6F)
<b>Obesity rate</b>	21.2
<b>Letters</b>	state 19, capital 13
<b>Heraldic colours</b>	24
<b>Flag colours</b>	23



72





République de Guinée

### REPUBLIC OF GUINEA

Area	245 857 km <sup>2</sup>
Population	12 414 293
Population density	49.7 / km <sup>2</sup>
Capital	Conakry, 1 660 973
GDP per capita	\$2 000
Life expectancy	59.5 (62.6M, 61.0F)
Obesity rate	7.7
Letters	state 16, capital 7
Heraldic colours	21
Flag colours	3



73



República da Guiné-Bissau

### REPUBLIC OF GUINEA-BISSAU

Area	36 125 km <sup>2</sup>
Population	1 874 303
Population density	44.42 / km <sup>2</sup>
Capital	Bissau, 492 004
GDP per capita	\$1 800
Life expectancy	48.9 (53.1M, 51.0F)
Obesity rate	9.5
Letters	state 23, capital 6
Heraldic colours	16
Flag colours	3



74



Co-operative Republic of Guyana

### CO-OPERATIVE REPUBLIC OF GUYANA

Area	214 970 km <sup>2</sup>
Population	786 391
Population density	3.64 / km <sup>2</sup>
Capital	Georgetown, 200 500
GDP per capita	\$8 300
Life expectancy	65.6 (71.8M, 68.6F)
Obesity rate	20.2
Letters	state 28, capital 10
Heraldic colours	59
Flag colours	4



75



République d'Haïti

### REPUBLIC OF HAITI

Area	27 750 km <sup>2</sup>
Population	11 123 178
Population density	416.15 / km <sup>2</sup>
Capital	Port-au-Prince, 987 310
GDP per capita	\$1 800
Life expectancy	61.6 (66.8M, 64.2F)
Obesity rate	22.7
Letters	state 15, capital 14
Heraldic colours	10
Flag colours	12



76



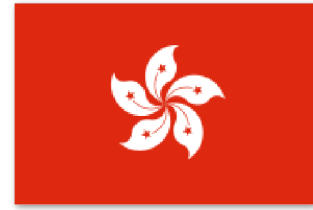
República de Honduras

### REPUBLIC OF HONDURAS

Area	112 492 km <sup>2</sup>
Population	9 587 522
Population density	81.41 / km <sup>2</sup>
Capital	Tegucigalpa, 1 259 646
GDP per capita	\$5 500
Life expectancy	69.5 (72.9M, 71.2F)
Obesity rate	21.4
Letters	state 18, capital 11
Heraldic colours	360
Flag colours	2



77



Hong Kong SAR of the PRC

### HONG KONG SAR OF THE PRC

Area	2 755 km <sup>2</sup>
Population	7 500 700
Population density	6 781.83 / km <sup>2</sup>
Capital	-
GDP per capita	\$61 000
Life expectancy	80.4 (85.9M, 83.0F)
Obesity rate	-
Letters	state 19
Heraldic colours	2
Flag colours	2



78



Magyarország

### HUNGARY

Area	93 030 km <sup>2</sup>
Population	9 772 756
Population density	104.96 / km <sup>2</sup>
Capital	Budapest, 1 752 286
GDP per capita	\$28 900
Life expectancy	72.4 (80.0M, 76.1F)
Obesity rate	26.4
Letters	state 7, capital 8
Heraldic colours	39
Flag colours	3



79



Ísland

### ICELAND

Area	102 775 km <sup>2</sup>
Population	364 134
Population density	3.56 / km <sup>2</sup>
Capital	Reykjavík, 131 136
GDP per capita	\$52 100
Life expectancy	80.9 (85.4M, 83.1F)
Obesity rate	21.9
Letters	state 7, capital 9
Heraldic colours	13
Flag colours	3



80



Bhārat Gaṇarājya

### REPUBLIC OF INDIA

Area	3 287 263 km <sup>2</sup>
Population	1 352 642 280
Population density	411.48 / km <sup>2</sup>
Capital	New Delhi, 257 803
GDP per capita	\$7 200
Life expectancy	67.6 (70.1M, 68.8F)
Obesity rate	3.9
Letters	state 15, capital 8
Heraldic colours	1
Flag colours	4



81



Republik Indonesia

### REPUBLIC OF INDONESIA

<b>Area</b>	1 904 569 km <sup>2</sup>
<b>Population</b>	267 670 543
<b>Population density</b>	140.75 / km <sup>2</sup>
<b>Capital</b>	Jakarta, 10 770 487
<b>GDP per capita</b>	\$12 400
<b>Life expectancy</b>	70.4 (75.7M, 73.0F)
<b>Obesity rate</b>	6.9
<b>Letters</b>	state 19, capital 7
<b>Heraldic colours</b>	20
<b>Flag colours</b>	2



82



جمهوری اسلامی ایران

### ISLAMIC REPUBLIC OF IRAN

<b>Area</b>	1 648 195 km <sup>2</sup>
<b>Population</b>	83 183 741
<b>Population density</b>	51 / km <sup>2</sup>
<b>Capital</b>	Tehran, 1
<b>GDP per capita</b>	\$20 000
<b>Life expectancy</b>	72.7 (75.5M, 74.0F)
<b>Obesity rate</b>	25.8
<b>Letters</b>	state 21, capital 6
<b>Heraldic colours</b>	1
<b>Flag colours</b>	3



83



جمهورية العراق

### REPUBLIC OF IRAQ

<b>Area</b>	437 072 km <sup>2</sup>
<b>Population</b>	38 433 600
<b>Population density</b>	89.68 / km <sup>2</sup>
<b>Capital</b>	Baghdad, 7 144 000
<b>GDP per capita</b>	\$17 000
<b>Life expectancy</b>	72.6 (77.2M, 74.9F)
<b>Obesity rate</b>	30.4
<b>Letters</b>	state 14, capital 7
<b>Heraldic colours</b>	18
<b>Flag colours</b>	4



84



Isle of Man

### ISLE OF MAN

<b>Area</b>	572 km <sup>2</sup>
<b>Population</b>	83 314
<b>Population density</b>	145.65 / km <sup>2</sup>
<b>Capital</b>	Douglas, 27 938
<b>GDP per capita</b>	\$84 600
<b>Life expectancy</b>	79.6 (83.2M, 81.3F)
<b>Obesity rate</b>	-
<b>Letters</b>	state 9, capital 7
<b>Heraldic colours</b>	47
<b>Flag colours</b>	4



85



יִשְׂרָאֵל

### ISRAEL

<b>Area</b>	20 770 km <sup>2</sup>
<b>Population</b>	9 234 200
<b>Population density</b>	418 / km <sup>2</sup>
<b>Capital</b>	Jerusalem, 919 438
<b>GDP per capita</b>	\$36 200
<b>Life expectancy</b>	80.7 (84.5M, 82.5F)
<b>Obesity rate</b>	26.1
<b>Letters</b>	state 6, capital 9
<b>Heraldic colours</b>	3
<b>Flag colours</b>	2



86



Repubblica Italiana

### ITALIAN REPUBLIC

<b>Area</b>	301 340 km <sup>2</sup>
<b>Population</b>	60 317 116
<b>Population density</b>	199.97 / km <sup>2</sup>
<b>Capital</b>	Rome, 2 860 009
<b>GDP per capita</b>	\$38 100
<b>Life expectancy</b>	79.6 (85.1M, 82.3F)
<b>Obesity rate</b>	19.9
<b>Letters</b>	state 15, capital 4
<b>Heraldic colours</b>	116
<b>Flag colours</b>	3



87



République de Côte d'Ivoire

### REPUBLIC OF CÔTE D'IVOIRE

<b>Area</b>	322 463 km <sup>2</sup>
<b>Population</b>	26 378 274
<b>Population density</b>	79.97 / km <sup>2</sup>
<b>Capital</b>	Yamoussoukro, 361 893
<b>GDP per capita</b>	\$3 900
<b>Life expectancy</b>	57.8 (60.2M, 59.0F)
<b>Obesity rate</b>	-
<b>Letters</b>	state 22, capital 12
<b>Heraldic colours</b>	20
<b>Flag colours</b>	3



88



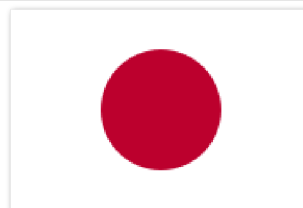
Jumieka

### JAMAICA

<b>Area</b>	10 991 km <sup>2</sup>
<b>Population</b>	2 726 667
<b>Population density</b>	248.08 / km <sup>2</sup>
<b>Capital</b>	Kingston, 1 243 072
<b>GDP per capita</b>	\$9 200
<b>Life expectancy</b>	72.1 (75.4M, 73.7F)
<b>Obesity rate</b>	24.7
<b>Letters</b>	state 7, capital 8
<b>Heraldic colours</b>	18
<b>Flag colours</b>	3



89



日本国

### JAPAN

<b>Area</b>	377 975 km <sup>2</sup>
<b>Population</b>	125 960 000
<b>Population density</b>	333.38 / km <sup>2</sup>
<b>Capital</b>	Tokyo, 13 929 280
<b>GDP per capita</b>	\$42 700
<b>Life expectancy</b>	81.9 (88.8M, 85.3F)
<b>Obesity rate</b>	4.3
<b>Letters</b>	state 5, capital 5
<b>Heraldic colours</b>	2
<b>Flag colours</b>	2



90



المملكة الأردنية الهاشمية

### HASHEMITE KINGDOM OF JORDAN

<b>Area</b>	89 342 km <sup>2</sup>
<b>Population</b>	10 658 123
<b>Population density</b>	120 / km <sup>2</sup>
<b>Capital</b>	Amman, 4 302 730
<b>GDP per capita</b>	\$12 500
<b>Life expectancy</b>	73.4 (76.3M, 74.8F)
<b>Obesity rate</b>	35.5
<b>Letters</b>	state 24, capital 5
<b>Heraldic colours</b>	14
<b>Flag colours</b>	4



91



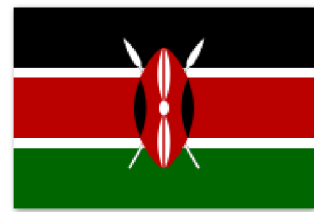
Қазақстан Республикасы

### REPUBLIC OF KAZAKHSTAN

<b>Area</b>	2 724 900 km <sup>2</sup>
<b>Population</b>	18 711 200
<b>Population density</b>	6.69 / km <sup>2</sup>
<b>Capital</b>	Nur-Sultan, 1 144 755
<b>GDP per capita</b>	\$26 100
<b>Life expectancy</b>	65.9 (76.0M, 71.1F)
<b>Obesity rate</b>	21.0
<b>Letters</b>	state 20, capital 10
<b>Heraldic colours</b>	3
<b>Flag colours</b>	2



92



Jamhuri ya Kenya

### REPUBLIC OF KENYA

<b>Area</b>	580 367 km <sup>2</sup>
<b>Population</b>	47 564 296
<b>Population density</b>	81.75 / km <sup>2</sup>
<b>Capital</b>	Nairobi, 4 397 073
<b>GDP per capita</b>	\$3 500
<b>Life expectancy</b>	62.8 (65.8M, 64.3F)
<b>Obesity rate</b>	7.1
<b>Letters</b>	state 15, capital 7
<b>Heraldic colours</b>	11
<b>Flag colours</b>	4



93



Koninkrijk der Nederlanden

### KINGDOM OF THE NETHERLANDS

<b>Area</b>	42 531 km <sup>2</sup>
<b>Population</b>	17 737 438
<b>Population density</b>	421 / km <sup>2</sup>
<b>Capital</b>	Amsterdam, 872 680
<b>GDP per capita</b>	\$53 600
<b>Life expectancy</b>	79.3 (83.7M, 81.4F)
<b>Obesity rate</b>	-
<b>Letters</b>	state 23, capital 9
<b>Heraldic colours</b>	97
<b>Flag colours</b>	3



94



### REPUBLIC OF KIRIBATI

<b>Area</b>	811 km <sup>2</sup>
<b>Population</b>	123 199
<b>Population density</b>	154.13 / km <sup>2</sup>
<b>Capital</b>	South Tarawa, 63 017
<b>GDP per capita</b>	\$1 900
<b>Life expectancy</b>	64.0 (69.1M, 66.5F)
<b>Obesity rate</b>	46.0
<b>Letters</b>	state 18, capital 11
<b>Heraldic colours</b>	16
<b>Flag colours</b>	5



95



Republika e Kosovës

### REPUBLIC OF KOSOVO

<b>Area</b>	10 887 km <sup>2</sup>
<b>Population</b>	1 810 463
<b>Population density</b>	164.59 / km <sup>2</sup>
<b>Capital</b>	Pristina, 1
<b>GDP per capita</b>	\$10 400
<b>Life expectancy</b>	-
<b>Obesity rate</b>	-
<b>Letters</b>	state 16, capital 8
<b>Heraldic colours</b>	3
<b>Flag colours</b>	3



96



دولة الكويت

### STATE OF KUWAIT

<b>Area</b>	17 818 km <sup>2</sup>
<b>Population</b>	4 420 110
<b>Population density</b>	248.07 / km <sup>2</sup>
<b>Capital</b>	Kuwait City, 4.1
<b>GDP per capita</b>	\$69 700
<b>Life expectancy</b>	76.8 (79.6M, 78.2F)
<b>Obesity rate</b>	37.9
<b>Letters</b>	state 13, capital 10
<b>Heraldic colours</b>	12
<b>Flag colours</b>	4



97



Кыргыз Республикасы

### KYRGYZ REPUBLIC

<b>Area</b>	199 951 km <sup>2</sup>
<b>Population</b>	6 533 500
<b>Population density</b>	31.56 / km <sup>2</sup>
<b>Capital</b>	Bishkek, 1 053 915
<b>GDP per capita</b>	\$3 700
<b>Life expectancy</b>	66.8 (75.4M, 70.9F)
<b>Obesity rate</b>	16.6
<b>Letters</b>	state 14, capital 7
<b>Heraldic colours</b>	5
<b>Flag colours</b>	2



98



ສາທາລະນະລັດ ປະຊາທິປະໄຕ ປະຊາຊົນລາວ

### LAO PEOPLE'S DEMOCRATIC REPUBLIC

<b>Area</b>	237 955 km <sup>2</sup>
<b>Population</b>	7 123 205
<b>Population density</b>	27.42 / km <sup>2</sup>
<b>Capital</b>	Vientiane, 820 940
<b>GDP per capita</b>	\$7 400
<b>Life expectancy</b>	62.6 (66.7M, 64.6F)
<b>Obesity rate</b>	5.3
<b>Letters</b>	state 29, capital 9
<b>Heraldic colours</b>	35
<b>Flag colours</b>	3



99



Latvijas Republika

## REPUBLIC OF LATVIA

<b>Area</b>	64 589 km <sup>2</sup>
<b>Population</b>	1 919 968
<b>Population density</b>	29.59 / km <sup>2</sup>
<b>Capital</b>	Riga, 627 487
<b>GDP per capita</b>	\$27 300
<b>Life expectancy</b>	70.1 (79.5M, 74.7F)
<b>Obesity rate</b>	23.6
<b>Letters</b>	state 16, capital 4
<b>Heraldic colours</b>	7
<b>Flag colours</b>	2



100



الجمهورية اللبنانية

## REPUBLIC OF LEBANON

<b>Area</b>	10 452 km <sup>2</sup>
<b>Population</b>	6 859 408
<b>Population density</b>	672.06 / km <sup>2</sup>
<b>Capital</b>	Beirut, . 361366
<b>GDP per capita</b>	\$19 500
<b>Life expectancy</b>	76.5 (79.1M, 77.8F)
<b>Obesity rate</b>	32.0
<b>Letters</b>	state 17, capital 6
<b>Heraldic colours</b>	4
<b>Flag colours</b>	3



101

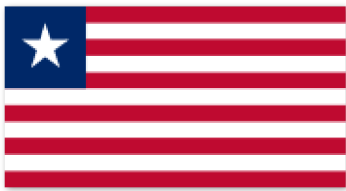


## KINGDOM OF LESOTHO

<b>Area</b>	30 355 km <sup>2</sup>
<b>Population</b>	2 108 328
<b>Population density</b>	74.55 / km <sup>2</sup>
<b>Capital</b>	Maseru, 330 760
<b>GDP per capita</b>	\$3 900
<b>Life expectancy</b>	53.0 (53.1M, 53.0F)
<b>Obesity rate</b>	16.6
<b>Letters</b>	state 16, capital 6
<b>Heraldic colours</b>	30
<b>Flag colours</b>	4



102



Republic of Liberia

## REPUBLIC OF LIBERIA

<b>Area</b>	111 369 km <sup>2</sup>
<b>Population</b>	5 073 296
<b>Population density</b>	46.12 / km <sup>2</sup>
<b>Capital</b>	Monrovia, 1 010 970
<b>GDP per capita</b>	\$900
<b>Life expectancy</b>	61.2 (65.5M, 63.3F)
<b>Obesity rate</b>	9.9
<b>Letters</b>	state 17, capital 8
<b>Heraldic colours</b>	87
<b>Flag colours</b>	3



103



دولة ليبيا

## STATE OF LIBYA

<b>Area</b>	1 759 541 km <sup>2</sup>
<b>Population</b>	6 871 287
<b>Population density</b>	3.66 / km <sup>2</sup>
<b>Capital</b>	Tripoli, 3 072 000
<b>GDP per capita</b>	\$9 800
<b>Life expectancy</b>	74.9 (78.5M, 76.7F)
<b>Obesity rate</b>	32.5
<b>Letters</b>	state 12, capital 7
<b>Heraldic colours</b>	1
<b>Flag colours</b>	4



104



Fürstentum Liechtenstein

## PRINCIPALITY OF LIECHTENSTEIN

<b>Area</b>	160 km <sup>2</sup>
<b>Population</b>	38 749
<b>Population density</b>	239.88 / km <sup>2</sup>
<b>Capital</b>	Vaduz, 5 696
<b>GDP per capita</b>	\$139 100
<b>Life expectancy</b>	79.7 (84.7M, 81.9F)
<b>Obesity rate</b>	-
<b>Letters</b>	state 27, capital 5
<b>Heraldic colours</b>	71
<b>Flag colours</b>	4



105



Lietuvos Respublika

## REPUBLIC OF LITHUANIA

<b>Area</b>	65 300 km <sup>2</sup>
<b>Population</b>	2 794 329
<b>Population density</b>	42.78 / km <sup>2</sup>
<b>Capital</b>	Vilnius, 580 020
<b>GDP per capita</b>	\$31 900
<b>Life expectancy</b>	69.7 (80.7M, 75.0F)
<b>Obesity rate</b>	26.3
<b>Letters</b>	state 19, capital 7
<b>Heraldic colours</b>	4
<b>Flag colours</b>	3



106



Groussherzogtum Lëtzebuerg

## GRAND DUCHY OF LUXEMBOURG

<b>Area</b>	2 586.4 km <sup>2</sup>
<b>Population</b>	626 108
<b>Population density</b>	237.39 / km <sup>2</sup>
<b>Capital</b>	Luxembourg City, 116 320
<b>GDP per capita</b>	\$109 100
<b>Life expectancy</b>	79.9 (84.9M, 82.3F)
<b>Obesity rate</b>	22.6
<b>Letters</b>	state 22, capital 14
<b>Heraldic colours</b>	15
<b>Flag colours</b>	3



107



Macau SAR of the PRC

## MACAU SAR OF THE PRC

<b>Area</b>	115.3 km <sup>2</sup>
<b>Population</b>	696 100
<b>Population density</b>	21 158.05 / km <sup>2</sup>
<b>Capital</b>	-
<b>GDP per capita</b>	\$114 400
<b>Life expectancy</b>	81.6 (87.7M, 84.6F)
<b>Obesity rate</b>	-
<b>Letters</b>	state 16
<b>Heraldic colours</b>	3
<b>Flag colours</b>	3



108



Repoblikan'i Madagasikara

### REPUBLIC OF MADAGASCAR

<b>Area</b>	587 041 km <sup>2</sup>
<b>Population</b>	26 262 313
<b>Population density</b>	43.75 / km <sup>2</sup>
<b>Capital</b>	Antananarivo, 1 610 000
<b>GDP per capita</b>	\$1 600
<b>Life expectancy</b>	64.7 (67.8M, 66.3F)
<b>Obesity rate</b>	5.3
<b>Letters</b>	state 20, capital 12
<b>Heraldic colours</b>	7
<b>Flag colours</b>	3



109

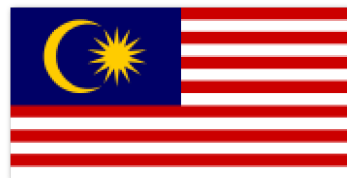


### REPUBLIC OF MALAWI

<b>Area</b>	118 484 km <sup>2</sup>
<b>Population</b>	19 129 952
<b>Population density</b>	148.24 / km <sup>2</sup>
<b>Capital</b>	Lilongwe, 989 318
<b>GDP per capita</b>	\$1 200
<b>Life expectancy</b>	59.7 (63.8M, 61.7F)
<b>Obesity rate</b>	5.8
<b>Letters</b>	state 16, capital 8
<b>Heraldic colours</b>	74
<b>Flag colours</b>	3



110



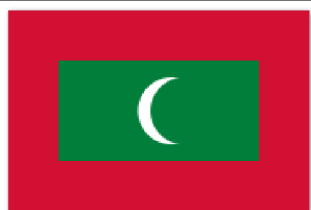
Malaysia

### MALAYSIA

<b>Area</b>	330 803 km <sup>2</sup>
<b>Population</b>	32 730 000
<b>Population density</b>	99 / km <sup>2</sup>
<b>Capital</b>	Kuala Lumpur, 1 790 000
<b>GDP per capita</b>	\$28 900
<b>Life expectancy</b>	72.4 (78.2M, 75.2F)
<b>Obesity rate</b>	15.6
<b>Letters</b>	state 8, capital 11
<b>Heraldic colours</b>	20
<b>Flag colours</b>	4



111



ދިވެހިރާއްޖޭގެ ޖުމްހޫރިއްޔާ

### REPUBLIC OF MALDIVES

<b>Area</b>	298 km <sup>2</sup>
<b>Population</b>	379 270
<b>Population density</b>	1 257.63 / km <sup>2</sup>
<b>Capital</b>	Malé, 133 412
<b>GDP per capita</b>	\$19 200
<b>Life expectancy</b>	73.5 (78.3M, 75.8F)
<b>Obesity rate</b>	8.6
<b>Letters</b>	state 18, capital 4
<b>Heraldic colours</b>	10
<b>Flag colours</b>	3



112



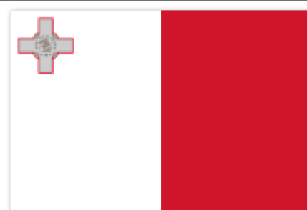
Mali ka Fasojamana

### REPUBLIC OF MALI

<b>Area</b>	1 240 192 km <sup>2</sup>
<b>Population</b>	20 250 833
<b>Population density</b>	15.3 / km <sup>2</sup>
<b>Capital</b>	Bamako, 1 810 366
<b>GDP per capita</b>	\$2 200
<b>Life expectancy</b>	58.2 (62.5M, 60.3F)
<b>Obesity rate</b>	8.6
<b>Letters</b>	state 14, capital 6
<b>Heraldic colours</b>	5
<b>Flag colours</b>	3



113



Repubblika ta' Malta

### REPUBLIC OF MALTA

<b>Area</b>	316 km <sup>2</sup>
<b>Population</b>	514 564
<b>Population density</b>	1 633.54 / km <sup>2</sup>
<b>Capital</b>	Valletta, 5 827
<b>GDP per capita</b>	\$42 500
<b>Life expectancy</b>	78.1 (83.0M, 80.5F)
<b>Obesity rate</b>	28.9
<b>Letters</b>	state 15, capital 8
<b>Heraldic colours</b>	44
<b>Flag colours</b>	7



114



Aolepān Aorōkin Ṃajel

### REPUBLIC OF THE MARSHALL ISLANDS

<b>Area</b>	181.43 km <sup>2</sup>
<b>Population</b>	58 413
<b>Population density</b>	308.84 / km <sup>2</sup>
<b>Capital</b>	Majuro, 27 797
<b>GDP per capita</b>	\$3 400
<b>Life expectancy</b>	71.2 (75.7M, 73.4F)
<b>Obesity rate</b>	52.9
<b>Letters</b>	state 28, capital 6
<b>Heraldic colours</b>	4
<b>Flag colours</b>	3



115



الجمهورية الإسلامية الموريتانية

### ISLAMIC REPUBLIC OF MAURITANIA

<b>Area</b>	1 030 000 km <sup>2</sup>
<b>Population</b>	4 403 313
<b>Population density</b>	3.87 / km <sup>2</sup>
<b>Capital</b>	Nouakchott, 958 399
<b>GDP per capita</b>	\$4 500
<b>Life expectancy</b>	61.1 (65.8M, 63.4F)
<b>Obesity rate</b>	12.7
<b>Letters</b>	state 27, capital 10
<b>Heraldic colours</b>	4
<b>Flag colours</b>	3



116



République de Maurice

### REPUBLIC OF MAURITIUS

<b>Area</b>	2 040 km <sup>2</sup>
<b>Population</b>	1 265 475
<b>Population density</b>	620.38 / km <sup>2</sup>
<b>Capital</b>	Port Louis, 147 066
<b>GDP per capita</b>	\$21 600
<b>Life expectancy</b>	72.4 (79.5M, 75.8F)
<b>Obesity rate</b>	10.8
<b>Letters</b>	state 19, capital 9
<b>Heraldic colours</b>	18
<b>Flag colours</b>	4



117



## UNITED MEXICAN STATES

<b>Area</b>	1 972 550 km <sup>2</sup>
<b>Population</b>	128 649 565
<b>Population density</b>	64.35 / km <sup>2</sup>
<b>Capital</b>	Mexico City, 8 918 653
<b>GDP per capita</b>	\$19 500
<b>Life expectancy</b>	73.3 (79.0M, 76.1F)
<b>Obesity rate</b>	28.9
<b>Letters</b>	state 19, capital 10
<b>Heraldic colours</b>	60
<b>Flag colours</b>	63



118



## REPUBLIC OF MOLDOVA

Republica Moldova

<b>Area</b>	33 846 km <sup>2</sup>
<b>Population</b>	2 640 438
<b>Population density</b>	79.24 / km <sup>2</sup>
<b>Capital</b>	Chişinău, 532 513
<b>GDP per capita</b>	\$5 700
<b>Life expectancy</b>	67.1 (75.1M, 71.0F)
<b>Obesity rate</b>	18.9
<b>Letters</b>	state 17, capital 8
<b>Heraldic colours</b>	7
<b>Flag colours</b>	9



119



## PRINCIPALITY OF MONACO

Principauté de Monaco

<b>Area</b>	2.1 km <sup>2</sup>
<b>Population</b>	38 300
<b>Population density</b>	18 960.4 / km <sup>2</sup>
<b>Capital</b>	Monaco, 38 300
<b>GDP per capita</b>	\$115 700
<b>Life expectancy</b>	85.6 (93.5M, 89.4F)
<b>Obesity rate</b>	-
<b>Letters</b>	state 20, capital 6
<b>Heraldic colours</b>	31
<b>Flag colours</b>	2



120



## MONGOLIA

Монгол Улс

<b>Area</b>	1 566 000 km <sup>2</sup>
<b>Population</b>	3 353 470
<b>Population density</b>	2.07 / km <sup>2</sup>
<b>Capital</b>	Ulaanbaatar, 1 444 669
<b>GDP per capita</b>	\$12 600
<b>Life expectancy</b>	65.7 (74.4M, 69.9F)
<b>Obesity rate</b>	20.6
<b>Letters</b>	state 8, capital 11
<b>Heraldic colours</b>	3
<b>Flag colours</b>	4



121



## MONTENEGRO

Crna Gora

<b>Area</b>	13 812 km <sup>2</sup>
<b>Population</b>	622 359
<b>Population density</b>	45.05 / km <sup>2</sup>
<b>Capital</b>	Podgorica, 199 715
<b>GDP per capita</b>	\$17 400
<b>Life expectancy</b>	74.5 (71.5M, 77.5F)
<b>Obesity rate</b>	23.3
<b>Letters</b>	state 10, capital 9
<b>Heraldic colours</b>	5
<b>Flag colours</b>	7



122



## KINGDOM OF MOROCCO

المملكة المغربية

<b>Area</b>	710 850 km <sup>2</sup>
<b>Population</b>	36 472 000
<b>Population density</b>	81 / km <sup>2</sup>
<b>Capital</b>	Rabat, 577 827
<b>GDP per capita</b>	\$8 600
<b>Life expectancy</b>	74.0 (80.3M, 77.1F)
<b>Obesity rate</b>	26.1
<b>Letters</b>	state 16, capital 5
<b>Heraldic colours</b>	64
<b>Flag colours</b>	2



123



## REPUBLIC OF MOZAMBIQUE

República de Moçambique

<b>Area</b>	801 590 km <sup>2</sup>
<b>Population</b>	30 066 648
<b>Population density</b>	35.74 / km <sup>2</sup>
<b>Capital</b>	Maputo, 1 088 449
<b>GDP per capita</b>	\$1 300
<b>Life expectancy</b>	52.9 (54.5M, 53.7F)
<b>Obesity rate</b>	7.2
<b>Letters</b>	state 20, capital 6
<b>Heraldic colours</b>	11
<b>Flag colours</b>	5



124



## REPUBLIC OF THE UNION OF MYANMAR

Pyidaunzu Thanmáda Myáma Nainngandaw

<b>Area</b>	676 578 km <sup>2</sup>
<b>Population</b>	53 582 855
<b>Population density</b>	80.32 / km <sup>2</sup>
<b>Capital</b>	Naypyidaw, 924 608
<b>GDP per capita</b>	\$6 300
<b>Life expectancy</b>	66.6 (69.9M, 68.2F)
<b>Obesity rate</b>	5.8
<b>Letters</b>	state 27, capital 9
<b>Heraldic colours</b>	13
<b>Flag colours</b>	4



125



## REPUBLIC OF NAMIBIA

Name in national languages

<b>Area</b>	825 615 km <sup>2</sup>
<b>Population</b>	2 746 745
<b>Population density</b>	2.93 / km <sup>2</sup>
<b>Capital</b>	Windhoek, 325 858
<b>GDP per capita</b>	\$11 500
<b>Life expectancy</b>	62.4 (65.6M, 64.0F)
<b>Obesity rate</b>	17.2
<b>Letters</b>	state 17, capital 8
<b>Heraldic colours</b>	52
<b>Flag colours</b>	5



126



## REPUBLIC OF NAURU

Repubrikin Naoro

Area	21 km <sup>2</sup>
Population	10 670
Population density	533.33 / km <sup>2</sup>
Capital	Yaren, 1 292
GDP per capita	\$12 200
Life expectancy	63.3 (70.9M, 67.4F)
Obesity rate	61.0
Letters	state 15, capital 5
Heraldic colours	43
Flag colours	3



127



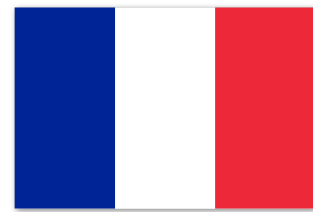
## FEDERAL DEMOCRATIC REPUBLIC OF NEPAL

सङ्घीय लोकतान्त्रिक गणतन्त्र नेपाल

Area	147 516 km <sup>2</sup>
Population	28 095 714
Population density	200.72 / km <sup>2</sup>
Capital	Kathmandu, 1 442 271
GDP per capita	\$2 700
Life expectancy	70.4 (71.6M, 71.0F)
Obesity rate	4.1
Letters	state 32, capital 9
Heraldic colours	23
Flag colours	3



128



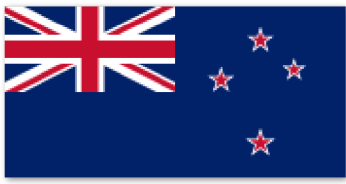
## NEW CALEDONIA

New Caledonia

Area	18 576 km <sup>2</sup>
Population	271 407
Population density	13.94 / km <sup>2</sup>
Capital	Nouméa, 94 285
GDP per capita	\$31 100
Life expectancy	73.9 (82.0M, 77.9F)
Obesity rate	-
Letters	state 12, capital 6
Heraldic colours	1
Flag colours	3



129



## NEW ZEALAND

Aotearoa

Area	268 021 km <sup>2</sup>
Population	5 011 120
Population density	19 / km <sup>2</sup>
Capital	Wellington, 215 400
GDP per capita	\$38 900
Life expectancy	79.1 (83.5M, 81.3F)
Obesity rate	30.8
Letters	state 10, capital 10
Heraldic colours	92
Flag colours	3



130



## REPUBLIC OF NICARAGUA

República de Nicaragua

Area	130 375 km <sup>2</sup>
Population	6 486 201
Population density	52.66 / km <sup>2</sup>
Capital	Managua, 1 042 641
GDP per capita	\$5 800
Life expectancy	71.3 (75.8M, 73.4F)
Obesity rate	23.7
Letters	state 19, capital 7
Heraldic colours	32
Flag colours	26



131



## REPUBLIC OF THE NIGER

République du Niger

Area	1 267 000 km <sup>2</sup>
Population	22 442 831
Population density	18.81 / km <sup>2</sup>
Capital	Niamey, 1 243 500
GDP per capita	\$1 200
Life expectancy	54.7 (57.3M, 55.9F)
Obesity rate	5.5
Letters	state 18, capital 6
Heraldic colours	15
Flag colours	3



132



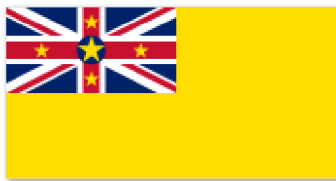
## FEDERAL REPUBLIC OF NIGERIA

Orílẹ̀-èdè Olómìnira Àpapọ̀ Nàìjíríà

Area	923 769 km <sup>2</sup>
Population	206 630 269
Population density	217.55 / km <sup>2</sup>
Capital	Abuja, 1 235 880
GDP per capita	\$5 900
Life expectancy	52.8 (55.0M, 53.8F)
Obesity rate	8.9
Letters	state 24, capital 5
Heraldic colours	9
Flag colours	2



133



## NIUE

Niuē

Area	261.46 km <sup>2</sup>
Population	1 620
Population density	6.18 / km <sup>2</sup>
Capital	Alofi, 597
GDP per capita	\$5 800
Life expectancy	-
Obesity rate	50.0
Letters	state 4, capital 5
Heraldic colours	92
Flag colours	4



134



## DEMOCRATIC PEOPLE'S REPUBLIC OF KOREA

조선민주주의인민공화국

Area	120 540 km <sup>2</sup>
Population	25 549 604
Population density	211.96 / km <sup>2</sup>
Capital	Pyongyang, 2 870 000
GDP per capita	\$1 700
Life expectancy	66.9 (74.8M, 70.7F)
Obesity rate	6.8
Letters	state 33, capital 9
Heraldic colours	19
Flag colours	3



135



## REPUBLIC OF NORTH MACEDONIA

Area	25 713 km <sup>2</sup>
Population	2 077 132
Population density	80.78 / km <sup>2</sup>
Capital	Skopje, 506 926
GDP per capita	\$15 200
Life expectancy	73.8 (79.2M, 76.4F)
Obesity rate	-
Letters	state 24, capital 6
Heraldic colours	17
Flag colours	2



136

Република Северна Македонија



## TURKISH REPUBLIC OF NORTHERN CYPRUS

Area	3 355 km <sup>2</sup>
Population	326 000
Population density	104.91 / km <sup>2</sup>
Capital	North Nicosia, 61 378
GDP per capita	\$div style
Life expectancy	-
Obesity rate	-
Letters	state 31, capital 12
Heraldic colours	4
Flag colours	2



137

Kuzey Kıbrıs Türk Cumhuriyeti



## KINGDOM OF NORWAY

Area	385 207 km <sup>2</sup>
Population	5 432 580
Population density	16.58 / km <sup>2</sup>
Capital	Oslo, 693 491
GDP per capita	\$70 600
Life expectancy	79.8 (84.0M, 81.9F)
Obesity rate	23.1
Letters	state 15, capital 4
Heraldic colours	4
Flag colours	3



138

Kongeriket Norge



## SULTANATE OF OMAN

Area	309 500 km <sup>2</sup>
Population	4 829 473
Population density	15.01 / km <sup>2</sup>
Capital	Muscat, 1 441 862
GDP per capita	\$45 500
Life expectancy	73.7 (77.7M, 75.7F)
Obesity rate	27.0
Letters	state 15, capital 6
Heraldic colours	3
Flag colours	3



139

سلطنة عمان



## ISLAMIC REPUBLIC OF PAKISTAN

Area	881 913 km <sup>2</sup>
Population	212 228 286
Population density	274 / km <sup>2</sup>
Capital	Islamabad, 1 014 825
GDP per capita	\$5 400
Life expectancy	66.1 (70.1M, 68.1F)
Obesity rate	8.6
Letters	state 25, capital 9
Heraldic colours	1
Flag colours	2



140

اسلامی جمہوریہ پاکستان



## REPUBLIC OF PALAU

Area	459 km <sup>2</sup>
Population	17 907
Population density	40.32 / km <sup>2</sup>
Capital	Ngerulmud, 271
GDP per capita	\$16 700
Life expectancy	70.2 (76.8M, 73.4F)
Obesity rate	55.3
Letters	state 15, capital 9
Heraldic colours	3
Flag colours	2



141

Beluu er a Belau



## REPUBLIC OF PANAMA

Area	75 417 km <sup>2</sup>
Population	4 176 869
Population density	56.07 / km <sup>2</sup>
Capital	Panama City, 880 691
GDP per capita	\$24 300
Life expectancy	76.0 (81.7M, 78.8F)
Obesity rate	22.7
Letters	state 16, capital 10
Heraldic colours	19
Flag colours	3



142

República de Panamá



## INDEPENDENT STATE OF PAPUA NEW GUINEA

Area	462 840 km <sup>2</sup>
Population	8 935 000
Population density	19.3 / km <sup>2</sup>
Capital	Port Moresby, 364 145
GDP per capita	\$3 800
Life expectancy	65.1 (69.7M, 67.3F)
Obesity rate	21.3
Letters	state 32, capital 11
Heraldic colours	47
Flag colours	4



143

Independen Stet bilong Papua Niugini



## REPUBLIC OF PARAGUAY

Area	406 752 km <sup>2</sup>
Population	7 252 672
Population density	17.1 / km <sup>2</sup>
Capital	Asunción, 525 252
GDP per capita	\$9 800
Life expectancy	74.7 (80.2M, 77.4F)
Obesity rate	20.3
Letters	state 18, capital 8
Heraldic colours	4
Flag colours	6



144

República del Paraguay





República del Perú

### REPUBLIC OF PERU

Area	1 285 216 km <sup>2</sup>
Population	32 824 358
Population density	25.02 / km <sup>2</sup>
Capital	Lima, 8 852 000
GDP per capita	\$13 300
Life expectancy	71.9 (76.1M, 74.0F)
Obesity rate	19.7
Letters	state 14, capital 4
Heraldic colours	11
Flag colours	2



145



Republika ng Pilipinas

### REPUBLIC OF THE PHILIPPINES

Area	300 000 km <sup>2</sup>
Population	100 981 437
Population density	363 / km <sup>2</sup>
Capital	City of Manila, 1 780 148
GDP per capita	\$8 200
Life expectancy	65.9 (73.1M, 69.4F)
Obesity rate	6.4
Letters	state 24, capital 12
Heraldic colours	36
Flag colours	4



146



Rzeczpospolita Polska

### REPUBLIC OF POLAND

Area	312 696 km <sup>2</sup>
Population	38 383 000
Population density	122.76 / km <sup>2</sup>
Capital	Warsaw, 1 790 658
GDP per capita	\$29 300
Life expectancy	73.9 (81.8M, 77.8F)
Obesity rate	23.1
Letters	state 16, capital 6
Heraldic colours	29
Flag colours	2



147



República Portuguesa

### PORTUGUESE REPUBLIC

Area	92 212 km <sup>2</sup>
Population	10 295 909
Population density	111.59 / km <sup>2</sup>
Capital	Lisbon, 505 526
GDP per capita	\$30 300
Life expectancy	76.2 (82.9M, 79.4F)
Obesity rate	20.8
Letters	state 18, capital 6
Heraldic colours	12
Flag colours	6



148



Puerto Rico

### PUERTO RICO

Area	9 104 km <sup>2</sup>
Population	3 193 694
Population density	350.96 / km <sup>2</sup>
Capital	San Juan, 395 326
GDP per capita	\$37 300
Life expectancy	77.6 (84.4M, 80.9F)
Obesity rate	-
Letters	state 10, capital 7
Heraldic colours	78
Flag colours	3



149



دولة قطر

### STATE OF QATAR

Area	11 581 km <sup>2</sup>
Population	2 795 484
Population density	236.84 / km <sup>2</sup>
Capital	Doha, 2 382 000
GDP per capita	\$124 900
Life expectancy	77.7 (82.2M, 80.0F)
Obesity rate	35.1
Letters	state 12, capital 4
Heraldic colours	7
Flag colours	2



150



Արցախի Հանրապետություն

### REPUBLIC OF ARTSAKH

Area	11 458 km <sup>2</sup>
Population	150 932
Population density	- / km <sup>2</sup>
Capital	Stepanakert, 55 200
GDP per capita	-
Life expectancy	-
Obesity rate	-
Letters	state 17, capital 11
Heraldic colours	-
Flag colours	4



151



Éire

### REPUBLIC OF IRELAND

Area	70 273 km <sup>2</sup>
Population	4 921 500
Population density	70 / km <sup>2</sup>
Capital	Dublin, 554 554
GDP per capita	\$72 600
Life expectancy	78.6 (83.4M, 80.9F)
Obesity rate	-
Letters	state 17, capital 6
Heraldic colours	8
Flag colours	3



152



République du Congo

### REPUBLIC OF THE CONGO

Area	342 000 km <sup>2</sup>
Population	5 244 359
Population density	15.79 / km <sup>2</sup>
Capital	Brazzaville, 1 696 392
GDP per capita	\$6 700
Life expectancy	58.6 (61.1M, 59.8F)
Obesity rate	9.6
Letters	state 18, capital 11
Heraldic colours	8
Flag colours	3



153



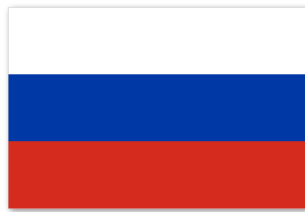
România

## ROMANIA

<b>Area</b>	238 397 km <sup>2</sup>
<b>Population</b>	19 405 156
<b>Population density</b>	81.4 / km <sup>2</sup>
<b>Capital</b>	Bucharest, 1 883 425
<b>GDP per capita</b>	\$24 000
<b>Life expectancy</b>	71.9 (79.0M, 75.4F)
<b>Obesity rate</b>	22.5
<b>Letters</b>	state 7, capital 9
<b>Heraldic colours</b>	20
<b>Flag colours</b>	3



154



Российская Федерация

## RUSSIAN FEDERATION

<b>Area</b>	17 098 246 km <sup>2</sup>
<b>Population</b>	146 748 590
<b>Population density</b>	8.58 / km <sup>2</sup>
<b>Capital</b>	Moscow, 12 506 468
<b>GDP per capita</b>	\$27 900
<b>Life expectancy</b>	65.3 (77.1M, 71.0F)
<b>Obesity rate</b>	23.1
<b>Letters</b>	state 17, capital 6
<b>Heraldic colours</b>	9
<b>Flag colours</b>	3



155



Repubilika y'u Rwanda

## REPUBLIC OF RWANDA

<b>Area</b>	26 338 km <sup>2</sup>
<b>Population</b>	12 374 397
<b>Population density</b>	469.83 / km <sup>2</sup>
<b>Capital</b>	Kigali, 1 132 686
<b>GDP per capita</b>	\$2 100
<b>Life expectancy</b>	62.3 (66.3M, 64.3F)
<b>Obesity rate</b>	5.8
<b>Letters</b>	state 16, capital 6
<b>Heraldic colours</b>	34
<b>Flag colours</b>	4



156



República Árabe Saharaui Democrática

SAHRAWI ARAB  
DEMOCRATIC REPUBLIC

<b>Area</b>	266 000 km <sup>2</sup>
<b>Population</b>	100 000
<b>Population density</b>	0.37 / km <sup>2</sup>
<b>Capital</b>	Laayoune, 217 732
<b>GDP per capita</b>	-
<b>Life expectancy</b>	61.1 (65.8M, 63.4F)
<b>Obesity rate</b>	-
<b>Letters</b>	state 29, capital 8
<b>Heraldic colours</b>	8
<b>Flag colours</b>	4



157



Federation of Saint Christopher and Nevis

FEDERATION OF SAINT  
CHRISTOPHER AND NEVIS

<b>Area</b>	261 km <sup>2</sup>
<b>Population</b>	52 441
<b>Population density</b>	208.69 / km <sup>2</sup>
<b>Capital</b>	Basseterre, 14 000
<b>GDP per capita</b>	\$26 800
<b>Life expectancy</b>	73.5 (78.4M, 75.9F)
<b>Obesity rate</b>	22.9
<b>Letters</b>	state 36, capital 10
<b>Heraldic colours</b>	67
<b>Flag colours</b>	5



158



Saint Lucia

## SAINT LUCIA

<b>Area</b>	617 km <sup>2</sup>
<b>Population</b>	181 889
<b>Population density</b>	292.47 / km <sup>2</sup>
<b>Capital</b>	Castries, 70 000
<b>GDP per capita</b>	\$13 500
<b>Life expectancy</b>	75.2 (80.8M, 77.9F)
<b>Obesity rate</b>	19.7
<b>Letters</b>	state 10, capital 8
<b>Heraldic colours</b>	425
<b>Flag colours</b>	4



159



Saint Vincent and the Grenadines

SAINT VINCENT AND THE  
GRENADINES

<b>Area</b>	389 km <sup>2</sup>
<b>Population</b>	110 211
<b>Population density</b>	284.11 / km <sup>2</sup>
<b>Capital</b>	Kingstown, 16 500
<b>GDP per capita</b>	\$11 600
<b>Life expectancy</b>	77.6 (73.5F)
<b>Obesity rate</b>	23.7
<b>Letters</b>	state 28, capital 9
<b>Heraldic colours</b>	12
<b>Flag colours</b>	3



160



Malo Sa'oloto Tuto'atasi o Sāmoa

INDEPENDENT STATE OF  
SAMOA

<b>Area</b>	2 842 km <sup>2</sup>
<b>Population</b>	195 843
<b>Population density</b>	70.4 / km <sup>2</sup>
<b>Capital</b>	Apia, 37 391
<b>GDP per capita</b>	\$5 700
<b>Life expectancy</b>	71.1 (77.0M, 74.0F)
<b>Obesity rate</b>	47.3
<b>Letters</b>	state 23, capital 4
<b>Heraldic colours</b>	9
<b>Flag colours</b>	3



161



Repubblica di San Marino

## REPUBLIC OF SAN MARINO

<b>Area</b>	61.2 km <sup>2</sup>
<b>Population</b>	33 344
<b>Population density</b>	567.89 / km <sup>2</sup>
<b>Capital</b>	San Marino, 4 044
<b>GDP per capita</b>	\$59 500
<b>Life expectancy</b>	80.8 (86.1M, 83.3F)
<b>Obesity rate</b>	-
<b>Letters</b>	state 19, capital 9
<b>Heraldic colours</b>	12
<b>Flag colours</b>	13



162



المملكة العربية السعودية

### KINGDOM OF SAUDI ARABIA

<b>Area</b>	2 149 690 km <sup>2</sup>
<b>Population</b>	34 218 169
<b>Population density</b>	15.92 / km <sup>2</sup>
<b>Capital</b>	Riyadh, 7 676 654
<b>GDP per capita</b>	\$55 300
<b>Life expectancy</b>	73.4 (77.7M, 75.5F)
<b>Obesity rate</b>	35.4
<b>Letters</b>	state 20, capital 6
<b>Heraldic colours</b>	17
<b>Flag colours</b>	2



163



Réewum Senegal

### REPUBLIC OF SENEGAL

<b>Area</b>	196 712 km <sup>2</sup>
<b>Population</b>	15 854 323
<b>Population density</b>	82.4 / km <sup>2</sup>
<b>Capital</b>	Dakar, 1 146 053
<b>GDP per capita</b>	\$2 700
<b>Life expectancy</b>	60.0 (64.3M, 62.1F)
<b>Obesity rate</b>	8.8
<b>Letters</b>	state 17, capital 5
<b>Heraldic colours</b>	44
<b>Flag colours</b>	3



164



Република Србија

### REPUBLIC OF SERBIA

<b>Area</b>	88 361 km <sup>2</sup>
<b>Population</b>	6 963 764
<b>Population density</b>	89.08 / km <sup>2</sup>
<b>Capital</b>	Belgrade, 1 166 763
<b>GDP per capita</b>	\$15 200
<b>Life expectancy</b>	72.8 (78.8M, 75.7F)
<b>Obesity rate</b>	21.5
<b>Letters</b>	state 16, capital 8
<b>Heraldic colours</b>	7
<b>Flag colours</b>	7



165



### REPUBLIC OF SEYCHELLES

<b>Area</b>	459 km <sup>2</sup>
<b>Population</b>	97 096
<b>Population density</b>	212.66 / km <sup>2</sup>
<b>Capital</b>	Victoria, 26 450
<b>GDP per capita</b>	\$28 900
<b>Life expectancy</b>	70.4 (79.6M, 74.9F)
<b>Obesity rate</b>	14.0
<b>Letters</b>	state 20, capital 8
<b>Heraldic colours</b>	70
<b>Flag colours</b>	5



166



Republic of Sierra Leone

### REPUBLIC OF SIERRA LEONE

<b>Area</b>	71 740 km <sup>2</sup>
<b>Population</b>	7 092 113
<b>Population density</b>	110.14 / km <sup>2</sup>
<b>Capital</b>	Freetown, 1 055 964
<b>GDP per capita</b>	\$1 800
<b>Life expectancy</b>	56.0 (61.3M, 58.6F)
<b>Obesity rate</b>	8.7
<b>Letters</b>	state 21, capital 8
<b>Heraldic colours</b>	50
<b>Flag colours</b>	3



167



Republik Singapura

### REPUBLIC OF SINGAPORE

<b>Area</b>	725.7 km <sup>2</sup>
<b>Population</b>	5 703 600
<b>Population density</b>	7 894.26 / km <sup>2</sup>
<b>Capital</b>	Singapore,
<b>GDP per capita</b>	\$90 500
<b>Life expectancy</b>	82.6 (88.1M, 85.2F)
<b>Obesity rate</b>	6.1
<b>Letters</b>	state 19, capital 9
<b>Heraldic colours</b>	34
<b>Flag colours</b>	2



168



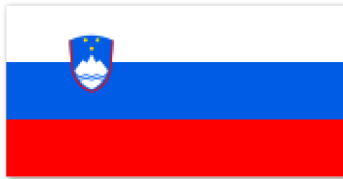
Slovenská republika

### SLOVAK REPUBLIC

<b>Area</b>	49 035 km <sup>2</sup>
<b>Population</b>	5 457 926
<b>Population density</b>	111.15 / km <sup>2</sup>
<b>Capital</b>	Bratislava, 432 864
<b>GDP per capita</b>	\$32 900
<b>Life expectancy</b>	73.7 (81.1M, 77.3F)
<b>Obesity rate</b>	20.5
<b>Letters</b>	state 14, capital 10
<b>Heraldic colours</b>	3
<b>Flag colours</b>	3



169



Republika Slovenija

### REPUBLIC OF SLOVENIA

<b>Area</b>	20 271 km <sup>2</sup>
<b>Population</b>	2 095 861
<b>Population density</b>	102.81 / km <sup>2</sup>
<b>Capital</b>	Ljubljana, 295 504
<b>GDP per capita</b>	\$34 100
<b>Life expectancy</b>	74.8 (82.2M, 78.3F)
<b>Obesity rate</b>	20.2
<b>Letters</b>	state 18, capital 9
<b>Heraldic colours</b>	4
<b>Flag colours</b>	4



170



Solomon Islands

### SOLOMON ISLANDS

<b>Area</b>	28 400 km <sup>2</sup>
<b>Population</b>	652 857
<b>Population density</b>	24.06 / km <sup>2</sup>
<b>Capital</b>	Honiara, 84 520
<b>GDP per capita</b>	\$2 100
<b>Life expectancy</b>	72.9 (78.3M, 75.6F)
<b>Obesity rate</b>	22.5
<b>Letters</b>	state 14, capital 7
<b>Heraldic colours</b>	66
<b>Flag colours</b>	4



171



### FEDERAL REPUBLIC OF SOMALIA

Area	637 657 km <sup>2</sup>
Population	15 893 219
Population density	23.81 / km <sup>2</sup>
Capital	Mogadishu, 2 590 000
GDP per capita	\$N/A
Life expectancy	50.7 (54.9M, 52.8F)
Obesity rate	8.3
Letters	state 24, capital 9
Heraldic colours	42
Flag colours	2



172

Jamhuuriyadda Federaalka Soomaaliya



### REPUBLIC OF SOMALILAND

Area	176 120 km <sup>2</sup>
Population	3 508 180
Population density	19.92 / km <sup>2</sup>
Capital	Hargeisa, 1 960 000
GDP per capita	-
Life expectancy	-
Obesity rate	-
Letters	state 20, capital 8
Heraldic colours	8
Flag colours	4



173

Jamhuriyadda Somaliland



### REPUBLIC OF SOUTH AFRICA

Area	1 221 037 km <sup>2</sup>
Population	59 622 350
Population density	48.14 / km <sup>2</sup>
Capital	Pretoria, 2 472 612
GDP per capita	\$13 400
Life expectancy	62.4 (65.3M, 63.8F)
Obesity rate	28.3
Letters	state 21, capital 8
Heraldic colours	11
Flag colours	5



174

10 other official names



### REPUBLIC OF KOREA

Area	100 210 km <sup>2</sup>
Population	51 709 098
Population density	516.72 / km <sup>2</sup>
Capital	Seoul, 9 733 509
GDP per capita	\$39 400
Life expectancy	79.3 (85.8M, 82.5F)
Obesity rate	4.7
Letters	state 15, capital 5
Heraldic colours	5
Flag colours	4



175

대한민국



### REPUBLIC OF SOUTH SUDAN

Area	619 745 km <sup>2</sup>
Population	12 778 250
Population density	19.83 / km <sup>2</sup>
Capital	Juba, 525 953
GDP per capita	\$1 500
Life expectancy	-
Obesity rate	6.6
Letters	state 20, capital 4
Heraldic colours	27
Flag colours	5



176

Republic of South Sudan



### KINGDOM OF SPAIN

Area	505 990 km <sup>2</sup>
Population	47 431 256
Population density	92.76 / km <sup>2</sup>
Capital	Madrid, 3 223 334
GDP per capita	\$38 300
Life expectancy	78.8 (84.9M, 81.8F)
Obesity rate	23.8
Letters	state 14, capital 6
Heraldic colours	17
Flag colours	13



177

Reino de España



### DEMOCRATIC SOCIALIST REPUBLIC OF SRI LANKA

Area	65 610 km <sup>2</sup>
Population	21 803 000
Population density	332.31 / km <sup>2</sup>
Capital	Sri Jayawardanapura Kotte, 115 826
GDP per capita	\$13 000
Life expectancy	73.5 (80.6M, 76.9F)
Obesity rate	5.2
Letters	state 29, capital 23
Heraldic colours	7
Flag colours	5



178

ශ්‍රී ලංකා ප්‍රජාතාන්ත්‍රික සමාජවාදී ජනරජය



### STATE OF PALESTINE

Area	6 020 km <sup>2</sup>
Population	5 051 953
Population density	731 / km <sup>2</sup>
Capital	-
GDP per capita	\$div style
Life expectancy	-
Obesity rate	-
Letters	state 16
Heraldic colours	7
Flag colours	4



179

دولة فلسطين



### REPUBLIC OF THE SUDAN

Area	1 886 068 km <sup>2</sup>
Population	41 592 539
Population density	22.17 / km <sup>2</sup>
Capital	Khartoum, 639 598
GDP per capita	\$4 600
Life expectancy	62.3 (66.7M, 64.4F)
Obesity rate	6.6
Letters	state 18, capital 8
Heraldic colours	4
Flag colours	3



180

جمهورية السودان



Republiek Suriname

### REPUBLIC OF SURINAME

<b>Area</b>	163 821 km <sup>2</sup>
<b>Population</b>	575 990
<b>Population density</b>	3.47 / km <sup>2</sup>
<b>Capital</b>	Paramaribo, 240 924
<b>GDP per capita</b>	\$13 900
<b>Life expectancy</b>	70.1 (75.1M, 72.5F)
<b>Obesity rate</b>	26.4
<b>Letters</b>	state 18, capital 10
<b>Heraldic colours</b>	37
<b>Flag colours</b>	4



181



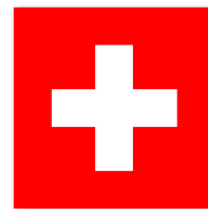
Konungariket Sverige

### KINGDOM OF SWEDEN

<b>Area</b>	450 295 km <sup>2</sup>
<b>Population</b>	10 343 403
<b>Population density</b>	22.97 / km <sup>2</sup>
<b>Capital</b>	Stockholm, 975 904
<b>GDP per capita</b>	\$51 300
<b>Life expectancy</b>	80.2 (84.2M, 82.1F)
<b>Obesity rate</b>	20.6
<b>Letters</b>	state 15, capital 9
<b>Heraldic colours</b>	28
<b>Flag colours</b>	2



182



Svizra

### SWISS CONFEDERATION

<b>Area</b>	41 285 km <sup>2</sup>
<b>Population</b>	8 570 146
<b>Population density</b>	207.98 / km <sup>2</sup>
<b>Capital</b>	Bern, 133 791
<b>GDP per capita</b>	\$61 400
<b>Life expectancy</b>	80.3 (85.1M, 82.6F)
<b>Obesity rate</b>	19.5
<b>Letters</b>	state 18, capital 4
<b>Heraldic colours</b>	2
<b>Flag colours</b>	2



183



الجمهورية العربية السورية

### SYRIAN ARAB REPUBLIC

<b>Area</b>	185 180 km <sup>2</sup>
<b>Population</b>	17 500 657
<b>Population density</b>	92.18 / km <sup>2</sup>
<b>Capital</b>	Damascus, 1 711 000
<b>GDP per capita</b>	\$2 900
<b>Life expectancy</b>	72.7 (77.6M, 75.1F)
<b>Obesity rate</b>	27.8
<b>Letters</b>	state 18, capital 8
<b>Heraldic colours</b>	11
<b>Flag colours</b>	3



184



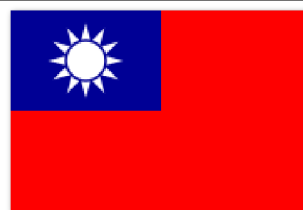
República Democrática de

### DEMOCRATIC REPUBLIC OF SÃO TOMÉ AND PRÍNCIPE

<b>Area</b>	1 001 km <sup>2</sup>
<b>Population</b>	211 028
<b>Population density</b>	201.58 / km <sup>2</sup>
<b>Capital</b>	São Tomé, 71 868
<b>GDP per capita</b>	\$3 200
<b>Life expectancy</b>	63.9 (66.7M, 65.3F)
<b>Obesity rate</b>	-
<b>Letters</b>	state 38, capital 7
<b>Heraldic colours</b>	10
<b>Flag colours</b>	4



185



中華民國

### REPUBLIC OF CHINA

<b>Area</b>	35 883 km <sup>2</sup>
<b>Population</b>	23 780 452
<b>Population density</b>	652.11 / km <sup>2</sup>
<b>Capital</b>	Taipei, 2 646 204
<b>GDP per capita</b>	\$49 800
<b>Life expectancy</b>	77.1 (83.6M, 80.2F)
<b>Obesity rate</b>	-
<b>Letters</b>	state 15, capital 6
<b>Heraldic colours</b>	2
<b>Flag colours</b>	3



186



Tajik

### REPUBLIC OF TAJIKISTAN

<b>Area</b>	143 100 km <sup>2</sup>
<b>Population</b>	9 537 645
<b>Population density</b>	63.78 / km <sup>2</sup>
<b>Capital</b>	Dushanbe, 846 400
<b>GDP per capita</b>	\$3 100
<b>Life expectancy</b>	64.9 (71.4M, 68.1F)
<b>Obesity rate</b>	14.2
<b>Letters</b>	state 20, capital 8
<b>Heraldic colours</b>	27
<b>Flag colours</b>	4



187



Jamhuri ya Muungano wa Tanzania

### UNITED REPUBLIC OF TANZANIA

<b>Area</b>	947 303 km <sup>2</sup>
<b>Population</b>	56 313 438
<b>Population density</b>	59.14 / km <sup>2</sup>
<b>Capital</b>	Dodoma, 410 956
<b>GDP per capita</b>	\$3 300
<b>Life expectancy</b>	61.2 (64.1M, 62.6F)
<b>Obesity rate</b>	8.4
<b>Letters</b>	state 24, capital 6
<b>Heraldic colours</b>	90
<b>Flag colours</b>	4



188



ราชอาณาจักรไทย

### KINGDOM OF THAILAND

<b>Area</b>	513 120 km <sup>2</sup>
<b>Population</b>	69 758 935
<b>Population density</b>	130 / km <sup>2</sup>
<b>Capital</b>	Bangkok, 8 305 218
<b>GDP per capita</b>	\$17 800
<b>Life expectancy</b>	71.7 (78.3M, 74.9F)
<b>Obesity rate</b>	10.0
<b>Letters</b>	state 17, capital 7
<b>Heraldic colours</b>	9
<b>Flag colours</b>	3



189



## COMMONWEALTH OF THE BAHAMAS

<b>Area</b>	13 878 km <sup>2</sup>
<b>Population</b>	385 637
<b>Population density</b>	25.21 / km <sup>2</sup>
<b>Capital</b>	Nassau, 274 400
<b>GDP per capita</b>	\$25 100
<b>Life expectancy</b>	70.2 (75.1M, 72.6F)
<b>Obesity rate</b>	31.6
<b>Letters</b>	state 24, capital 6
<b>Heraldic colours</b>	80
<b>Flag colours</b>	2



Commonwealth of The Bahamas

190



## REPUBLIC OF THE GAMBIA

<b>Area</b>	10 689 km <sup>2</sup>
<b>Population</b>	2 173 999
<b>Population density</b>	176.1 / km <sup>2</sup>
<b>Capital</b>	Banjul, 31 301
<b>GDP per capita</b>	\$1 700
<b>Life expectancy</b>	62.8 (67.5M, 65.1F)
<b>Obesity rate</b>	10.3
<b>Letters</b>	state 19, capital 6
<b>Heraldic colours</b>	46
<b>Flag colours</b>	4



Republic of The Gambia

191



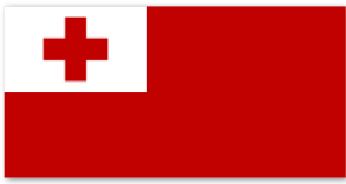
## TOGOLESE REPUBLIC

<b>Area</b>	56 785 km <sup>2</sup>
<b>Population</b>	8 608 444
<b>Population density</b>	133.18 / km <sup>2</sup>
<b>Capital</b>	Lomé, 837 437
<b>GDP per capita</b>	\$1 600
<b>Life expectancy</b>	62.8 (68.1M, 65.4F)
<b>Obesity rate</b>	8.4
<b>Letters</b>	state 16, capital 4
<b>Heraldic colours</b>	6
<b>Flag colours</b>	4



République Togolaise

192



## KINGDOM OF TONGA

<b>Area</b>	748 km <sup>2</sup>
<b>Population</b>	100 651
<b>Population density</b>	138.89 / km <sup>2</sup>
<b>Capital</b>	Nuku'alofa, 23 221
<b>GDP per capita</b>	\$5 600
<b>Life expectancy</b>	74.9 (78.1M, 76.4F)
<b>Obesity rate</b>	48.2
<b>Letters</b>	state 14, capital 10
<b>Heraldic colours</b>	8
<b>Flag colours</b>	2



193



## REPUBLIC OF TRINIDAD AND TOBAGO

<b>Area</b>	5 131 km <sup>2</sup>
<b>Population</b>	1 363 985
<b>Population density</b>	264.59 / km <sup>2</sup>
<b>Capital</b>	Port of Spain, 37 074
<b>GDP per capita</b>	\$31 200
<b>Life expectancy</b>	70.2 (76.2M, 73.1F)
<b>Obesity rate</b>	18.6
<b>Letters</b>	state 27, capital 11
<b>Heraldic colours</b>	87
<b>Flag colours</b>	3



Republic of Trinidad and Tobago

194



## REPUBLIC OF TUNISIA

<b>Area</b>	163 610 km <sup>2</sup>
<b>Population</b>	11 722 038
<b>Population density</b>	71.65 / km <sup>2</sup>
<b>Capital</b>	Tunis, 638 845
<b>GDP per capita</b>	\$12 000
<b>Life expectancy</b>	74.1 (77.4M, 75.7F)
<b>Obesity rate</b>	26.9
<b>Letters</b>	state 17, capital 5
<b>Heraldic colours</b>	9
<b>Flag colours</b>	2



الجمهورية التونسية

195



## REPUBLIC OF TURKEY

<b>Area</b>	783 356 km <sup>2</sup>
<b>Population</b>	83 154 997
<b>Population density</b>	106.12 / km <sup>2</sup>
<b>Capital</b>	Ankara, 5 700 000
<b>GDP per capita</b>	\$26 500
<b>Life expectancy</b>	72.7 (77.5M, 75.0F)
<b>Obesity rate</b>	32.1
<b>Letters</b>	state 16, capital 6
<b>Heraldic colours</b>	-
<b>Flag colours</b>	2

Türkiye Cumhuriyeti

196



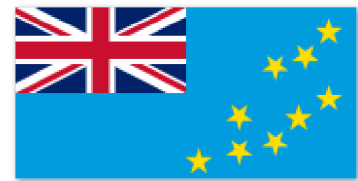
## TURKMENISTAN

<b>Area</b>	491 210 km <sup>2</sup>
<b>Population</b>	6 031 187
<b>Population density</b>	11.91 / km <sup>2</sup>
<b>Capital</b>	Ashgabat, 1 031 992
<b>GDP per capita</b>	\$18 700
<b>Life expectancy</b>	67.4 (73.6M, 70.4F)
<b>Obesity rate</b>	18.6
<b>Letters</b>	state 12, capital 8
<b>Heraldic colours</b>	15
<b>Flag colours</b>	5



Türkmenistan

197



## TUVALU

<b>Area</b>	26 km <sup>2</sup>
<b>Population</b>	11 646
<b>Population density</b>	396.15 / km <sup>2</sup>
<b>Capital</b>	Funafuti, 6 320
<b>GDP per capita</b>	\$3 800
<b>Life expectancy</b>	64.7 (69.2M, 66.9F)
<b>Obesity rate</b>	51.6
<b>Letters</b>	state 6, capital 8
<b>Heraldic colours</b>	26
<b>Flag colours</b>	5



Tuvalu

198



Jamhuri ya Uganda

## REPUBLIC OF UGANDA

<b>Area</b>	241 038 km <sup>2</sup>
<b>Population</b>	42 729 036
<b>Population density</b>	165.62 / km <sup>2</sup>
<b>Capital</b>	Kampala, 1 650 600
<b>GDP per capita</b>	\$2 400
<b>Life expectancy</b>	54.4 (57.3M, 55.9F)
<b>Obesity rate</b>	5.3
<b>Letters</b>	state 16, capital 7
<b>Heraldic colours</b>	59
<b>Flag colours</b>	5



199



Україна

## UKRAINE

<b>Area</b>	603 628 km <sup>2</sup>
<b>Population</b>	41 660 982
<b>Population density</b>	69.49 / km <sup>2</sup>
<b>Capital</b>	Kiev, 2 950 800
<b>GDP per capita</b>	\$8 700
<b>Life expectancy</b>	67.4 (77.1M, 72.1F)
<b>Obesity rate</b>	24.1
<b>Letters</b>	state 7, capital 4
<b>Heraldic colours</b>	2
<b>Flag colours</b>	2



200



الإمارات العربية المتحدة

## UNITED ARAB EMIRATES

<b>Area</b>	83 600 km <sup>2</sup>
<b>Population</b>	9 890 400
<b>Population density</b>	116.87 / km <sup>2</sup>
<b>Capital</b>	Abu Dhabi, 1 450 000
<b>GDP per capita</b>	\$68 200
<b>Life expectancy</b>	75.0 (80.4M, 77.7F)
<b>Obesity rate</b>	31.7
<b>Letters</b>	state 18, capital 8
<b>Heraldic colours</b>	18
<b>Flag colours</b>	4



201



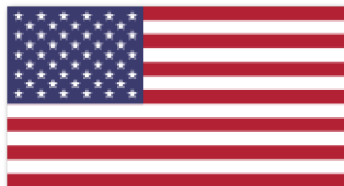
United Kingdom of Great Britain and Northern Ireland

## UNITED KINGDOM OF GREAT BRITAIN AND NORTHERN IRELAND

<b>Area</b>	242 495 km <sup>2</sup>
<b>Population</b>	67 886 004
<b>Population density</b>	279.95 / km <sup>2</sup>
<b>Capital</b>	London, 8 961 989
<b>GDP per capita</b>	\$43 600
<b>Life expectancy</b>	78.6 (83.1M, 80.8F)
<b>Obesity rate</b>	27.8
<b>Letters</b>	state 45, capital 6
<b>Heraldic colours</b>	145
<b>Flag colours</b>	3



202



United States of America

## UNITED STATES OF AMERICA

<b>Area</b>	9 833 520 km <sup>2</sup>
<b>Population</b>	328 239 523
<b>Population density</b>	34 / km <sup>2</sup>
<b>Capital</b>	Washington, D.C., 705 74
<b>GDP per capita</b>	\$59 500
<b>Life expectancy</b>	76.8 (81.0M, 78.8F)
<b>Obesity rate</b>	36.2
<b>Letters</b>	state 21, capital 15
<b>Heraldic colours</b>	117
<b>Flag colours</b>	3



203



Republica Oriental del Uruguay

## ORIENTAL REPUBLIC OF URUGUAY

<b>Area</b>	176 215 km <sup>2</sup>
<b>Population</b>	3 518 552
<b>Population density</b>	19.97 / km <sup>2</sup>
<b>Capital</b>	Montevideo, 1 719 453
<b>GDP per capita</b>	\$22 400
<b>Life expectancy</b>	74.2 (80.6M, 77.4F)
<b>Obesity rate</b>	27.9
<b>Letters</b>	state 25, capital 10
<b>Heraldic colours</b>	64
<b>Flag colours</b>	4



204



O'zbekiston Respublikasi

## REPUBLIC OF UZBEKISTAN

<b>Area</b>	448 978 km <sup>2</sup>
<b>Population</b>	34 036 800
<b>Population density</b>	72.99 / km <sup>2</sup>
<b>Capital</b>	Tashkent, 2 424 146
<b>GDP per capita</b>	\$7 000
<b>Life expectancy</b>	71.0 (77.3M, 74.0F)
<b>Obesity rate</b>	16.6
<b>Letters</b>	state 20, capital 8
<b>Heraldic colours</b>	14
<b>Flag colours</b>	4



205



Ripablik blong Vanuatu

## REPUBLIC OF VANUATU

<b>Area</b>	12 189 km <sup>2</sup>
<b>Population</b>	307 815
<b>Population density</b>	24.79 / km <sup>2</sup>
<b>Capital</b>	Port Vila, 51 437
<b>GDP per capita</b>	\$2 800
<b>Life expectancy</b>	72.1 (75.4M, 73.7F)
<b>Obesity rate</b>	25.2
<b>Letters</b>	state 17, capital 8
<b>Heraldic colours</b>	28
<b>Flag colours</b>	4



206



Status Civitatis Vaticanae

## VATICAN CITY STATE

<b>Area</b>	0.44 km <sup>2</sup>
<b>Population</b>	825
<b>Population density</b>	924.49 / km <sup>2</sup>
<b>Capital</b>	Vatican City,
<b>GDP per capita</b>	-
<b>Life expectancy</b>	-
<b>Obesity rate</b>	-
<b>Letters</b>	state 16, capital 11
<b>Heraldic colours</b>	21
<b>Flag colours</b>	6



207



## BOLIVARIAN REPUBLIC OF VENEZUELA

República Bolivariana de Venezuela

Area	916 445 km <sup>2</sup>
Population	28 887 118
Population density	35.16 / km <sup>2</sup>
Capital	Caracas, 2 245 744
GDP per capita	\$12 400
Life expectancy	73.0 (79.1M, 76.0F)
Obesity rate	25.6
Letters	state 29, capital 7
Heraldic colours	38
Flag colours	38



208



## SOCIALIST REPUBLIC OF VIETNAM

Cộng hòa Xã hội chủ nghĩa Việt Nam

Area	331 212 km <sup>2</sup>
Population	96 208 984
Population density	290.48 / km <sup>2</sup>
Capital	Hanoi, 8 053 663
GDP per capita	\$6 900
Life expectancy	71.2 (76.4M, 73.7F)
Obesity rate	2.1
Letters	state 26, capital 5
Heraldic colours	11
Flag colours	2



209



## REPUBLIC OF YEMEN

الجمهورية اليمنية

Area	527 968 km <sup>2</sup>
Population	28 498 683
Population density	63.55 / km <sup>2</sup>
Capital	Sanaa, 3 937 451
GDP per capita	\$2 300
Life expectancy	63.7 (68.2M, 65.9F)
Obesity rate	17.1
Letters	state 15, capital 5
Heraldic colours	24
Flag colours	3



210



## REPUBLIC OF ZAMBIA

Republic of Zambia

Area	752 618 km <sup>2</sup>
Population	17 351 708
Population density	21.8 / km <sup>2</sup>
Capital	Lusaka, 1 747 152
GDP per capita	\$4 000
Life expectancy	51.1 (54.4M, 52.7F)
Obesity rate	8.1
Letters	state 16, capital 6
Heraldic colours	53
Flag colours	4



211



## REPUBLIC OF ZIMBABWE

13 other official names

Area	390 757 km <sup>2</sup>
Population	16 159 624
Population density	38.8 / km <sup>2</sup>
Capital	Harare, 1 606 000
GDP per capita	\$2 300
Life expectancy	58.3 (62.5M, 60.4F)
Obesity rate	15.5
Letters	state 18, capital 6
Heraldic colours	143
Flag colours	7



212

- Play:** Shuffle and deal all cards. Player next to dealer leads the first round.
- Each round:** Leader announces a field from their topmost card.  
Player with the best score puts the trick under their deck and leads the next round.  
If a player's card has no value in chosen field, leader must choose another field.
- Compare:** Higher numbers are better, except for obesity rate.  
If best values are equal, tied players include their next card.
- Endgame:** With 3 cards or less, player can choose which card to use.
- Game over:** When one player loses all cards. Or when last player remains.